

Valley CARES Community Survey

2009-2010

Results Report Prepared for:



by

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Dear Reader,

Valley CARES (Community Assessment, Research & Education for Solutions) is pleased to make the **Valley CARES Community Survey** results available to our community. This community survey is one of several sources of data the Valley CARES Taskforce is using to assess the quality of life in the Valley.

Valley CARES is a community assessment and planning effort sponsored by the Valley Council for Health & Human Services. While there have been prior efforts to assess the quality of life in the Valley, these typically become outdated and the Valley Council recognized the need to develop an on-going system for accessing and updating information about quality of life in the Valley. Hence the Valley CARES Taskforce was created out of the Health Subcommittee of the Valley Council.

Valley CARES includes two main goals:

- To improve the local capacity to track information about the key quality of life indicators so that Valley residents, organizations, and stakeholders have on-going access to information about community strengths and challenges.
- To disseminate information about the quality of life in the Valley broadly within the community and to engage community members in analyzing findings and planning solutions to address community challenges.

One of the challenges in assessing the quality of life in a community is the lack of available data specific to a local community. For this reason, we conducted the **Valley CARES Community Survey** so that we could hear directly from the residents of the Valley about key areas of life in the Valley. A sample of 400 Valley residents participated in a phone survey during the late summer of 2009 and the results are presented here, in this report. We asked questions about the general community context (employment and economic indicators, housing, transportation), education and training, preserving the natural environment, safety, social and emotional wellbeing and health, arts/culture and recreation, and fostering community engagement.

How will this Community Survey be used?

The Community Survey is one of several sources of data that will be used by the Valley CARES Taskforce to compile a comprehensive community assessment report that will be released in late 2010. This report will be made available on-line and as a print summary disseminated to Valley households and community organizations. This report will then be used to drive the next phase of the *Valley CARES* project, which includes community presentations, conversations and other activities to involve the Valley community in analyzing the findings and developing action plans to improve the community.

This community survey report was generated for the community and we welcome the use of information contained in this report. If you cite information from this report, we simply ask that you reference the Valley CARES Community Survey (Valley CARES Community Survey, 2009-2010, Valley Council for Health & Human Services) so that others can go directly to the source to get additional information. In addition, we ask that you send a brief e-mail to the Valley Council Coordinator (VCHHSCoordinator@gmail.com) to let us know: 1) which pieces of survey information you are using, and, 2) for what purposes (grant writing, strategic plan, community report/public information, etc.). This will help us track the usefulness of this information to the Valley community.

If you would like more information about this report, or the work of the Valley CARES Taskforce, you can contact the Taskforce co-chairs: Beth Comerford (beth.comerford@yalegriffinprc.org) or 203.732.1265, ext 224, or Mary Nescott (mnescott@bghealth.org) or 203.736.2601, ext. 390, or the

Valley Council Coordinator, Heidi Zavatone-Veth (VCHHSCoordinator@ gmail.com) or 203.926-9478, ext. 306.

The Valley Council and Valley CARES Taskforce would like to thank the Valley United Way for their generous grant to support the Community Survey as well as the Naugatuck Valley Health District for its contribution to funding the survey. We also thank the Center for Research, Inc. for conducting the survey and local residents who provided such valuable information about their own experience of life in the Valley.

We hope you find this report interesting and helpful as one of many sources to better understanding life in the Valley. We have many wonderful resources in the Valley and by working together we will surely enrich the quality of life for Valley residents for years to come.

Sincerely,

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STATEMENT OF CONFIDENTIALITY AND OWNERSHIP

All of the analyses, findings, data, and recommendations contained within this report are the exclusive property of the Valley Council for Health and Human Services (VCHHS).

As required by the Code of Ethics of the National Council on Public Polls and the United States Privacy Act of 1974, The Center for Research & Public Policy maintains the anonymity of respondents to surveys the firm conducts. No information will be released that might, in any way, reveal the identity of the respondent.

Moreover, no information regarding these findings will be released without the written consent of an authorized representative of the Valley Council for Health and Human Services.

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1 INTRODUCTION

The Center for Research & Public Policy (CRPP) is pleased to present the results to a Valley Council for Health and Human Services (VCHHS) Community Survey conducted among residents of the Naugatuck Valley.

The survey was designed to provide resident input on local health issues, services, needs and emergency preparedness. The research study included a comprehensive telephone survey. Interviews were conducted among residents of the Naugatuck Valley. CRPP, working together with Valley Council for Health and Human Services officials, designed the survey instrument to be used when calling district residents.

This report summarizes information collected from telephone surveys conducted August 21-27, 2009. The survey instrument employed in the Community Survey included the following areas for investigation:

- Current quality of life and issues affecting quality of life;
- Current healthcare/dental coverage, access to a primary healthcare provider/dentists and barriers to getting needed care;
- Current health status/problems indicated by a healthcare professional;
- Preventative care practices such as cancer screenings;
- Ownership of CO detectors and awareness of RADON in homes;
- Reasons for not getting a flu vaccination;
- Emergency preparedness;
- Ability to understand verbal or written instructions from healthcare providers;
- Physical activity/exercise, eating habits and barriers to eating a health-promoting diet;
- Injury prevention measures, safety in the home/neighborhoods in the evening, and perceived issues facing children in Valley schools;
- Use of cigarettes/other substances and their impact on daily functioning;
- Impacts of mental health problems and difficulties seeking necessary help;
- Availability of services;
- Sources for information;
- Measures taken to reduce energy consumption in homes;
- Utilization of recreation recourse and arts and culture resources in the Valley;
- Perceptions of ethnic discrimination and racism in the Valley; and
- Demographics.

Section II of this report discusses the Methodology used in the study, while Section III includes Highlights derived from an analysis of the quantitative research. Section IV is a Summary of Findings for the residential telephone surveys - a narrative account of the data.

Section V is an Appendix to the report containing a copy of the survey instrument and the composite aggregate data.

METHODOLOGY

Using a quantitative research design, CRPP completed 400 interviews with Naugatuck Valley residents. All telephone interviews were conducted August 21-27, 2009.

Survey input was provided by officials of the Valley Council for Health and Human Services.

Survey design at CRPP is a careful, deliberative process to ensure fair, objective and balanced surveys. Staff members, with years of survey design experience, edit any bias. Further, all scales used by CRPP (either numeric, such as one through ten, or wording such as strongly agree, somewhat agree, somewhat disagree, or strongly disagree) are balanced evenly. And, placement of questions is carefully accomplished so that order has no impact.

All population based surveys conducted by CRPP are proportional to population contributions within states, towns, and known census tract, group blocks and blocks. This distribution ensures truly representative results without under or over representation of various geographic or demographic groups within a sampling frame.

CRPP utilized a “super random digit” sampling procedure, which derives a working telephone sample of both listed and unlisted telephone numbers. This method of sample selection eliminates any bias toward only listed telephone numbers. Additionally, this process allows randomization of numbers, which equalizes the probability of qualified respondents being included in the sampling frame.

One survey instrument was used to elicit information from all Naugatuck Valley residents. Respondents qualified for the survey if they confirmed to be at least eighteen years of age.

Training of telephone researchers and pre-test of the survey instrument occurred August 21, 2009.

All facets of the study were completed by CRPP’s senior staff and researchers. These aspects include: survey design, pre-test, computer programming, fielding, coding, editing, data entry, verification, validation and logic checks, computer analysis, analysis, and report writing.

Completion rates are a critical aspect of any telephone survey research. Because one group of people might be easier to reach than another group, it is important that concentrated efforts are made to reach all groups to an equal degree.

A high completion rate means that a high percentage of the customers within the original sample were actually contacted, and the resulting sample is not biased toward one potential audience. CRPP maintained an **82%** completion rate on all calls made during this Community Survey. This completion rate is considered high, and, a high completion rate, many times indicates an interest in the topic.

Statistically, a sample of 400 surveys represents a margin for error of +/-5.0% at a 95% confidence level.

In theory, this sample of Valley residents will differ no more than +/-5.0% than if all Naugatuck Valley residents were contacted and included in the survey. That is, if random probability sampling procedures were reiterated over and over again, sample results may be expected to approximate the larger population values within plus or minus +/-5.0% -- 95 out of 100 times.

Readers of this report should note that any survey is analogous to a snapshot in time and results are only reflective of the time period in which the survey was undertaken. Should concerted public information or relations campaigns be undertaken during or shortly after the fielding of the survey, the results contained herein may be expected to change and should be, therefore, carefully interpreted and extrapolated.

Furthermore, it is important to note that all surveys contain some component of “sampling error.” Error that is attributable to systematic bias has been significantly reduced by utilizing strict random probability procedures. This sample was strictly random in that selection of each potential respondent was an independent event, based on known probabilities.

Each qualified household within the Naugatuck Valley had an equal chance for participating in the study. Statistical random error, however, can never be eliminated but may be significantly reduced by increasing sample size. An increased sample size ultimately impacts the number of completed surveys, or “cell” size, for each of the demographic areas measured.

HIGHLIGHTS

QUALITY OF LIFE

- An impressive percent of respondents, 92.8%, reported their quality of life as either “very good” (33.0%) or “good” (59.8%), while another 7.3% reported “poor” (5.8%) or “very poor” (1.5%).
- When asked to state the current issues or problems which are affecting their quality life in the Valley, the top responses included the following: “none/nothing” (57.5%), “healthcare” (7.8%) and “don’t know” (7.5%).
- While 67.5% of respondents reported being “very aware” (33.0%) or “somewhat aware” (34.5%) of where to find available assistance or resources if they were having trouble making ends meet, 26.0% reported being “somewhat unaware” (6.0%) or “not at all aware” (20.0%).
- When all respondents were asked if they have reduced spending in the past year, the most common areas where respondents reported cutting back are “entertainment and travel” (65.0%) and “food purchases” (22.5%). Additionally, one-fifth, 20.5%, suggested they have not had to reduce spending.

HEALTH CARE

- The large majority of respondents, 93.8%, reported having a health care provider (doctor or nurse) or a health care facility, other than an emergency service, which they consider to be their primary health care provider.
- A majority of respondents, 85.8%, reported having visited a doctor for a routine check-up, including blood tests, within the past year.
- Respondents reported the following difficulties as those they have experienced when getting needed healthcare: “none/no difficulties” (88.8%), “no insurance” (4.5%) and “childcare issues” (2.5%).

HEALTH STATUS

- When asked to rate their current overall health, a majority of respondents, 91.3%, suggested their health as being either “very good” (31.5%) or “good” (59.8%). Another 8.3% suggested their health as currently “poor” (6.8%) or “very poor” (1.5%).

HEALTH PROBLEMS

- The following table presents confirmed health problems, as indicated by a doctor, nurse or other health care professional, among those respondents surveyed.

<i>Health Problems</i>	<i>Yes</i>
High cholesterol	36.5%
Arthritis	28.0
Hypertension	26.5
Diabetes	13.8
Asthma	10.0
Cardiac/Stroke, Mini Stroke or TIA	9.8

- Respondents were asked what services, if any, they or someone living in their home may need to assist them with living at home. The most common services needed were “emergency response/personal call system” (7.8%) and “visiting nurse” (2.0%).
- The reasons given as to why respondents were unable to access required services to assist with living at home included the following: “no services needed” (61.5%), “unable to afford” the services (19.2%), “don’t know/unsure” (11.5%) and “services not available” (3.8%).

DENTAL CARE

- Upon being asked what difficulties, if any, they have experienced when trying to get needed dental care, respondents reported “lack of dental insurance or inadequate dental coverage” (5.8%) and “can’t afford to go to the dentist” (3.0%) as the most common difficulties.

SCREENING/PREVENTATIVE CARE

- Slightly more than three-fifths of respondents, 64.7%, reported having a colon cancer screening or a colonoscopy within the past year. Another 7.7% had a screening within the past 10 years and 26.6% of respondents have never had either procedure done.
- More than two-thirds of female respondents age 40 or older, 70.6%, reported having their last mammogram within the past year. Another 14.0% reported having their last mammogram within the past two years and 5.1% reported having never had a mammogram.

- Males age 40 or older were asked when they last had a prostate screening, including a PSA blood test and a digital rectal exam. More than three-fifths of qualifying respondents, 62.6%, reported having their last prostate screening within the past year and another 20.3% reported a screening within the past two years.

RADON/CO DETECTION

- While more than half of all respondents, 56.8%, reported their home has not been checked for RADON, another 36.0% reported their home had been checked.
- More than two-thirds of respondents, 69.5%, reported having a carbon monoxide, or CO, detector in their home, while another 27.8% did not.

VACCINATIONS

- While 54.3% of respondents reported getting a flu shot within the past year, the top reasons stated for why respondents did not get a flu shot this past season included the following: “do not need it” (22.3%), “not covered by insurance” (4.0%), “don’t know/unsure” (3.3%) and “side effects” (3.0%).

EMERGENCY PREPAREDNESS

- A majority of respondents, 88.0%, reported currently having enough supplies for their household members to last three or more days.

COMMUNICATION WITH SERVICE PROVIDERS

- A majority of respondents, 89.5% reported having never had difficulty understanding instructions from a health care provider, while another 3.5% reported having difficulty “always” (2.0%) or “usually” (1.5%) and 6.0% had reported “seldom.”

PHYSICAL ACTIVITY/EXERCISE

- Two-fifths of respondents, 40.6%, reported that they engage in moderate physical activity or exercise for a total of 30 minutes or more between one and three days per week, while another 21.9% reported exercising 30 minutes or more between four and six days per week and 18.3% reported seven days a week.

- “Motivation” (27.0%) was cited most frequently as a barrier to exercising on a regular basis. This was followed by “physical limitations” (18.0%), “don’t know/unsure” (17.5%), “lack of time (due to work obligations/hours)” (12.0%) and “lack of time (due to family obligations)” (10.0%).

NUTRITION

- After defining a “health-promoting diet” as one that involves eating multiple servings of fruit, vegetables and low-fat dairy products on a daily basis and limiting foods with sugar and fat, researchers asked respondents how often they eat this way. A majority, 89.0%, reported eating in a health-promoting way “always” (40.5%) or “usually” (48.5%), while another 10.8% reported eating healthy “seldom” (8.8%) or “never” (2.0%).
- While 63.8% of respondents reported “none/already eat healthy” when asked what barriers, if any, they face when trying to maintain a healthy diet, 34.4% reported “time/lack of time to prepare healthy foods” and 27.8% reported “bad habits” as barriers to maintaining a health diet. “Don’t know” responses were removed from the data.

INJURY PREVENTION

- Respondents were read three questions pertaining to injury prevention and asked if they do each. The chart below presents the results as collected with “not applicable” responses removed from the data.

<i>Injury Prevention</i>	<i>Yes</i>	<i>No</i>
Always wear a safety/seat belt when you drive or ride in a car? (N=392)	95.9%	4.1
Always wear a helmet when you ride a bicycle or motorcycle? (N=119)	63.0	37.0
Always keep firearms locked in secure location? (N=105)	71.4	28.6

SAFETY

- A large majority of respondents, 98.5% reported having not experienced physical or verbal abuse by anybody in their family during the past 12 months. A small number, 1.5%, reported being hurt verbally in that time period.
- A majority of respondents, 87.6%, reported feeling “very safe” (66.8%) or “somewhat safe” (20.8%) walking in their neighborhood in the evening, while another 8.8% reported feeling “somewhat unsafe” (6.0%) or “very unsafe” (2.8%).

- When asked what the main issues facing children in the Valley schools are, respondents with children reported “drugs” (48.6%) as their main concern. This was followed by “bullying” (25.7%), “illness (colds, swine flu, etc.)” (8.1%) and “crime” (4.1%).

SUBSTANCE ABUSE

- Among those respondents (12.8% or 51 respondents) who reported currently smoking, the following presents responses provided when asked about their intention to quit in the next year: “yes, smoke and intend to quit” (48.1%), “yes, smoke but do NOT intend to quit” (25.9%) and “yes, smoke but unsure if I intend to quit” (20.4%).
- While 94.5% of respondents reported there were no days, in the past 30, when substance use such as alcohol or drugs kept them from doing their usual activities such as self-care, work or recreation, 2.8% reported there were one to two days in the past 30 when substance use did keep them from doing usual activities.
- When asked, a small number of respondents, 1.6%, reported using prescription medications for purposes other than medical reasons either “more than twice a month” (0.8%) or “once or twice a month” (0.8%).
- A majority of respondents, 81.3%, suggested that illegal drugs are a “very serious” (41.8%) or “somewhat serious” (39.5%) problem in the Valley community.

MENTAL HEALTH

- Slightly less than one-fifth of respondents, 18.5%, reported that over the past year there were times they felt stress, depression, anxiety or other mental health issues affected their ability to function for more than two consecutive weeks. Another 80.8% of respondents did not experience this.

EDUCATION/TRAINING/COMMUNICATIONS

- Researchers read a list of services and asked respondents to indicate if they feel there are adequate service availability in the Valley region to meet their needs. The percentages below represent those respondents who suggested “Yes” to there being “enough” services when “don’t know” responses were removed from the data:
 - Childcare/preschool care (79.6%)
 - Adult education such as English as a second language (76.9%)
 - After school programs/care (74.8%)
 - Job training (56.1%)

- The most frequently reported places where respondents go to for information pertaining to healthcare, education and support services included the following: “internet” (35.3%), “TV news” (30.8%) and “newspaper stories” (22.5%).

NATURAL ENVIRONMENT

- “Recycling” (87.0%) and “reducing energy consumption in home” (53.8%) were the most frequently cited measures among respondents having reported efforts taken to reduce energy consumption and help the environment.

COMMUNITY ENGAGEMENT: ARTS, CULTURE & RECREATION

- More than two-fifths of respondents, 44.6%, reported that in the past year, they have utilized recreation resources within the Valley, such as parks, trails, and recreation activities either “very often” (14.3%) or “somewhat often” (30.3%). Another 55.1% reported using recreation resources in the Valley “not very often” (23.3%) or “never” (31.8%).
- More than one-quarter of all respondents, 27.0%, reported, in the past year, having utilized arts and culture resources within the Valley, such as arts activities or performances either “very often” (6.0%) or “somewhat often” (21.0%). Another 72.5% reported using arts and culture resources in the Valley “not very often” (25.5%) or “never” (47.0%).
- Respondents were asked to think about the arts, culture, and recreation in the Valley, and to indicate any programs, services or events that they feel are not offered or not offered enough. Top responses included the following: “musical plays” (5.0%), “concerts” (3.0%) and “kids theater” (2.5%).
- More than half of respondents, 57.3%, reported that in the past 12 months they have given time or made a donation of money or other resources to charitable, civic, religious, educational, or volunteer organizations working in the Valley. Another 41.8% had not or were unable to do so.

ETHNIC DISCRIMINATION/RACISM

- More than two-fifths of respondents, 45.5%, suggested that ethnic discrimination or racism has been a “small problem” in the Valley in the past year. Another 23.5% suggested racism is “not a problem at all,” while 13.8% reported racism has been a “big problem” in the past year in the Valley.

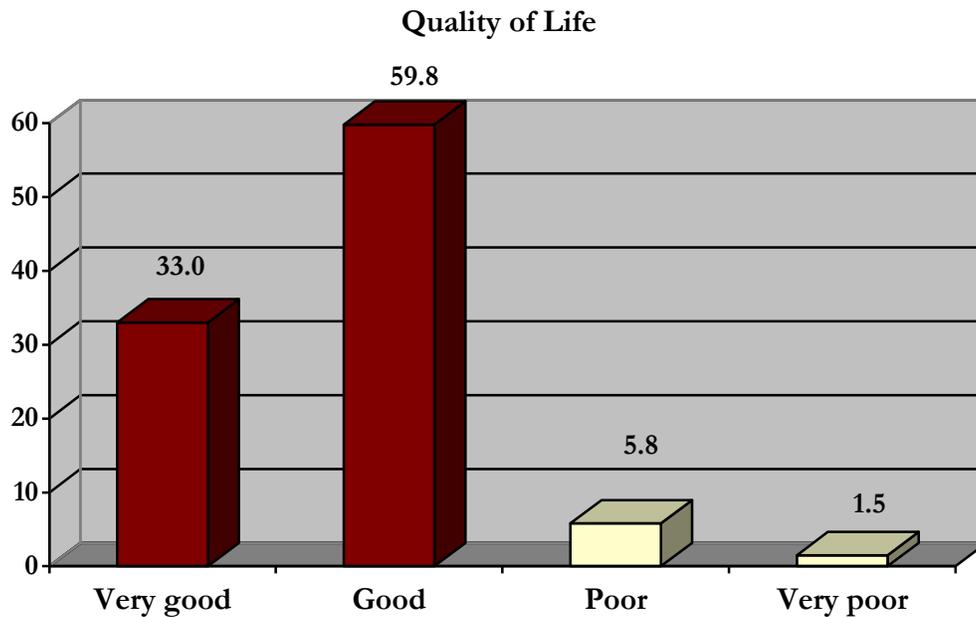
SUMMARY OF FINDINGS

QUALITY OF LIFE

Researchers asked all respondents if they considered their own quality of life today to be very good, good, poor or very poor.

The majority of respondents, 92.8%, described their quality of life as being either “very good” (33.0%) or “good” (59.8%), while another 7.3% reported “poor” (5.8%) or “very poor” (1.5%).

<i>Quality of life</i>	<i>2009</i>
Very good	33.0%
Good	59.8
Poor	5.8
Very poor	1.5
Don't know/unsure	---
<i>Total good</i>	<i>92.8</i>
<i>Total poor</i>	<i>7.3</i>



When asked to state the current issues or problems which are affecting their quality life in the Valley, respondents offered the following most frequently: “none/nothing” (57.5%), “healthcare” (7.8%) and “don’t know” (7.5%).

The table below presents a complete list of responses along with the frequency of mention.

<i>Issues or problems</i>	<i>2009</i>
None/nothing	57.5%
Healthcare	7.8
Don't know	7.5
Economy/finances	5.0
Unemployment	3.5
Current health	3.5
Crime	2.3
Recession	1.8
Traffic	1.8
High taxes	1.5
Drugs	1.5
Pollution	1.3
Cost of living	1.0
Education	0.8
City services	0.8
Services for disabled	0.8
Services for elderly	0.8
Politics	0.8
Lack of public transportation	0.8
Blight neighborhoods	0.5
Lack of kids programs	0.5
Racism	0.5
Cancer	0.5
Lack of large retailers	0.3
Need more open space	0.3
Newspaper coverage	0.3
Nothing to do in Valley	0.3
Stress	0.3

Researchers read the following to all respondents: “During what many consider to be a difficult economy, some families are finding it hard to keep current with bills such as a monthly mortgage or rent payment, utilities and groceries. Please tell me, if you were having trouble making ends meet at your home, how aware would you say you are of where to find available assistance or resources? Would you say...”

While 67.5% of respondents reported being “very aware” (33.0%) or “somewhat aware” (34.5%) of where to find available assistance or resources if they were having trouble making ends meet, 26.0% reported being either “somewhat unaware” (6.0%) or “not at all aware” (20.0%).

<i>Aware of where to find assistance</i>	<i>2009</i>
Very aware	33.0%
Somewhat aware	34.5
Somewhat unaware	6.0
Not at all aware	20.0
Don't know/unsure	6.5
<i>Total aware</i>	<i>67.5</i>
<i>Total unaware</i>	<i>26.0</i>

Respondents were asked, if they had to reduce their spending in the past year, which areas, if any, have they cut back on to save money.

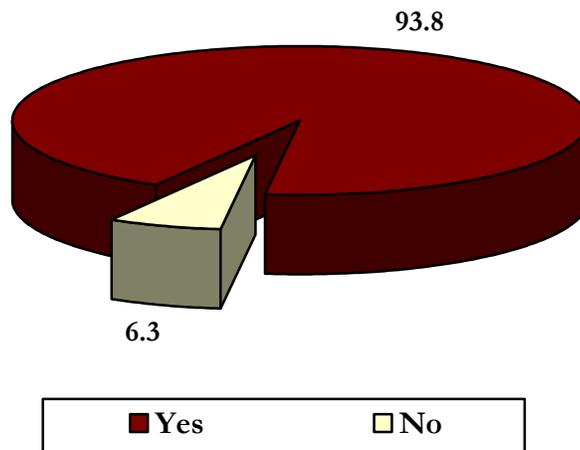
The most common areas that respondents reported cutting back on included the following: “entertainment and travel” (65.0%) and “food purchases” (22.5%).

<i>Where are you cutting back?</i>	<i>2009</i>
Entertainment and travel	65.0%
Food purchases	22.5
Haven't had to reduce spending	20.5
Utilities such as heat & electricity	17.5
Health care such as medications and office visits	5.0
Rent/Mortgage	2.5
Other	1.0
Don't know/unsure	0.3

HEALTH CARE

As presented in the chart below, a majority of respondents, 93.8%, reported having a health care provider (doctor or nurse) or a health care facility, other than an emergency service, that they consider their primary health care provider.

Have a primary health care provider?



Respondents were asked which medical plan best describes their or their family’s current medical insurance or plan.

Results are presented in the table below.

<i>Medical insurance or plan</i>	<i>2009</i>
Private or employment	68.0%
Medicare	29.8
No health insurance	4.5
Government (including VA, Champus, Tricare, Husky)	3.8
Medicaid	3.3
Other	1.8
Don’t know/unsure	0.3
None	0.3

A majority of respondents, 85.8%, reported having last visited a doctor for a routine check-up including blood tests within the past year.

The table below presents the results as collected.

<i>How long since last routine check-up?</i>	<i>2009</i>
Within the past year (1 to 12 months ago)	85.8%
Within the past 2 years (1 to 2 years ago)	8.8
Within the past 5 years (2 to 5 years ago)	2.8
Five (5) or more years ago	1.8
Don't know/unsure	1.0

Respondents were asked what difficulties, if any, they have experienced when getting needed health care. Top responses included the following: “none/no difficulties” (88.8%), “no insurance” (4.5%) and “childcare issues” (2.5%).

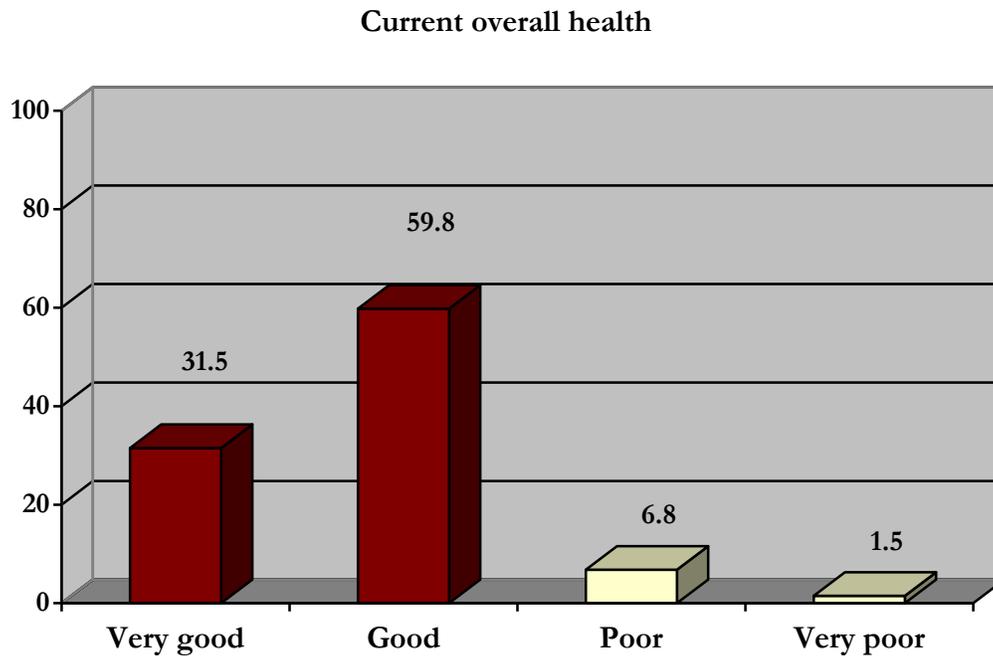
<i>Difficulties</i>	<i>2009</i>
None/no difficulties	88.8%
No insurance	4.5
Childcare issues	2.5
Cannot afford to go to the doctor	2.3
Cannot find a health care provider who accepts their insurance	0.8
Transportation problems	0.8
Disabled/Disability	0.5
Inconvenient office hours/Unable to get time off from work	0.5
Other:	0.5
Cannot find a health care provider or practice they like	0.3
Don't know/unsure	0.3

HEALTH STATUS

When asked to rate their current overall health, a majority of respondents, 91.3%, suggested their health as being either “very good” (31.5%) or “good” (59.8%), while another 8.3% suggested their health as “poor” (6.8%) or “very poor” (1.5%).

Detailed findings are also presented in the table and chart located below.

<i>Current overall health</i>	<i>2009</i>
Very good	31.5%
Good	59.8
Poor	6.8
Very poor	1.5
Don't know/unsure	0.5
<i>Total good</i>	<i>91.3</i>
<i>Total poor</i>	<i>8.3</i>



HEALTH PROBLEMS

Researchers read a list of health problems and asked respondents if a doctor, nurse or other health care professional had ever confirmed they had one or more of the problems being measured.

The table below presents each of the health problems measured along with the frequency of mention for each.

<i>Health Problems</i>	<i>Yes</i>	<i>No</i>
High cholesterol	36.5%	62.3
Arthritis	28.0	70.5
Hypertension	26.5	72.8
Diabetes	13.8	85.3
Asthma	10.0	89.5
Cardiac/Stroke, Mini Stroke or TIA	9.8	89.3

Respondents were asked what services, if any, they or someone living in their home might need to assist them with living at home. The most common services needed were reported as: “emergency response/personal call system” (7.8%) and “visiting nurse” (2.0%).

The following table presents the results as collected. Readers should note that multiple responses were accepted.

<i>Services</i>	<i>2009</i>
None	94.8%
Emergency response/personal call system	7.8
Visiting nurse	2.0
Home health aide	2.0
Transportation	0.8
Assistance with shopping	0.8
Medical equipment	0.5
Physical therapy	0.3
Chores/home maintenance	0.3
Don't know/unsure	0.3

If a service was needed to assist with living at home and respondents reported being unable to access that particular service, they were then asked what the reason might be for being unable to access the required services.

While 61.5% of respondents reported there were no services needed, 19.2% reported the primary reason they would be unable to access care as “unable to afford” the service(s).

<i>Reasons</i>	<i>2009</i>
None needed	61.5%
Unable to afford	19.2
Don't know/unsure	11.5
Services not available	3.8
Fear/Safety/Uncertainty about having stranger in home	1.9
Services denied by provider/payer or insurance	1.9

DENTAL CARE

Upon being asked what difficulties, if any, they have experienced when trying to get needed dental care, respondents reported “lack of dental insurance or inadequate dental coverage” (5.8%) and “can’t afford to go to the dentist” (3.0%) as the most common difficulties.

Multiple responses were accepted and are presented, along with frequency of mention, in the table below.

<i>Difficulties</i>	<i>2009</i>
No difficulties	87.3%
Lack of dental insurance or inadequate dental coverage	5.8
Can’t afford to go to the dentist	3.0
Can’t find a dentist who accepts your insurance	2.3
Can’t find a dentist or clinic you like	1.8
Other	1.0
Transportation problems	0.8
Time off from work	0.3
Not important to me	0.3

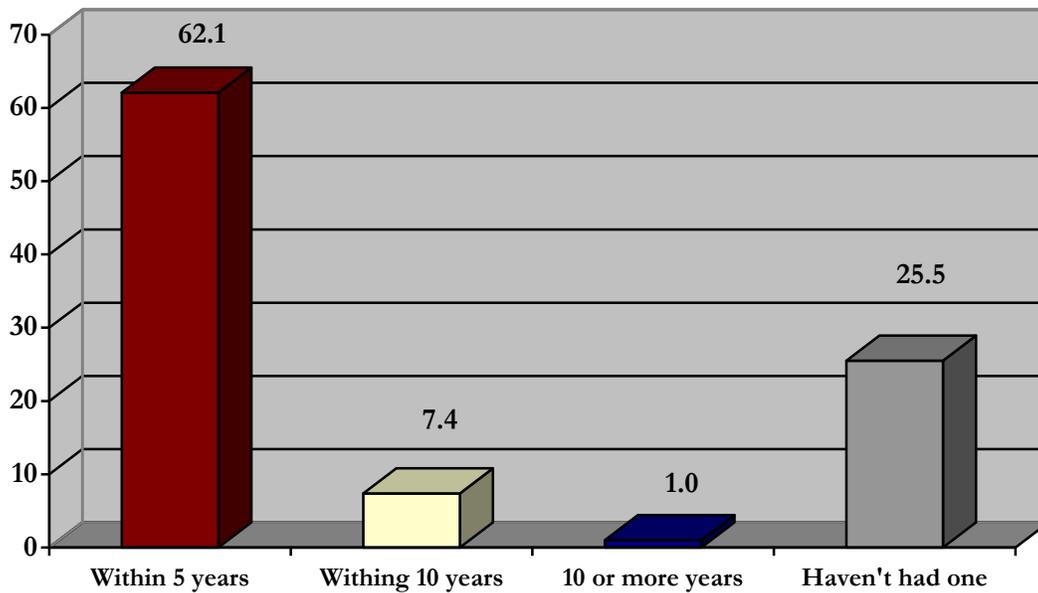
SCREENING/PREVENTATIVE CARE

All respondents age 50 or older, or those who have a family history of colon cancer, were asked how long it has been since they had their last colon cancer screening or colonoscopy.

As presented in the table below, slightly more than three-fifths of these respondents, 62.1%, reported having either a colon cancer screening or colonoscopy within the past five years. Another 25.5% have never had either procedure done.

<i>Last cancer screening or colonoscopy</i>	<i>2009 (N=298)</i>
Within the past 5 years (0 to 5 years ago)	62.1%
Within in the past 10 years (5 to 10 years ago)	7.4
Ten (10) or more years ago	1.0
Have never had a colonoscopy	25.5
Don't know/unsure	4.0

Last cancer screening or colonoscopy?



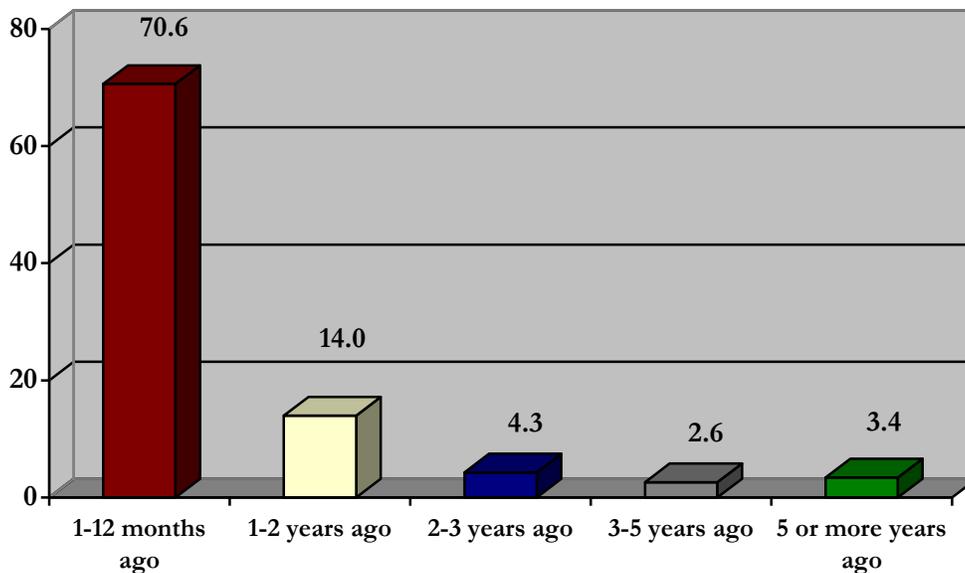
WOMEN'S HEALTH (ASK WOMEN ONLY)

Women age 40 or older were asked how long it has been since they had their last mammogram.

As presented below, more than two-thirds, 70.6%, reported having their last mammogram within the past year, while another 14.0% reported having their last mammogram within the past two years and 5.1% reported having never had a mammogram.

<i>How long since your last mammogram?</i>	<i>2009</i>
Within the past year (1 to 12 months ago)	70.6%
Within the past 2 years (1 to 2 years ago)	14.0
Within the past 3 years (2 to 3 years ago)	4.3
Within the past 5 years (3 to 5 years ago)	2.6
Five (5) or more years ago	3.4
Have never had a mammogram	5.1

How long since your last mammogram?



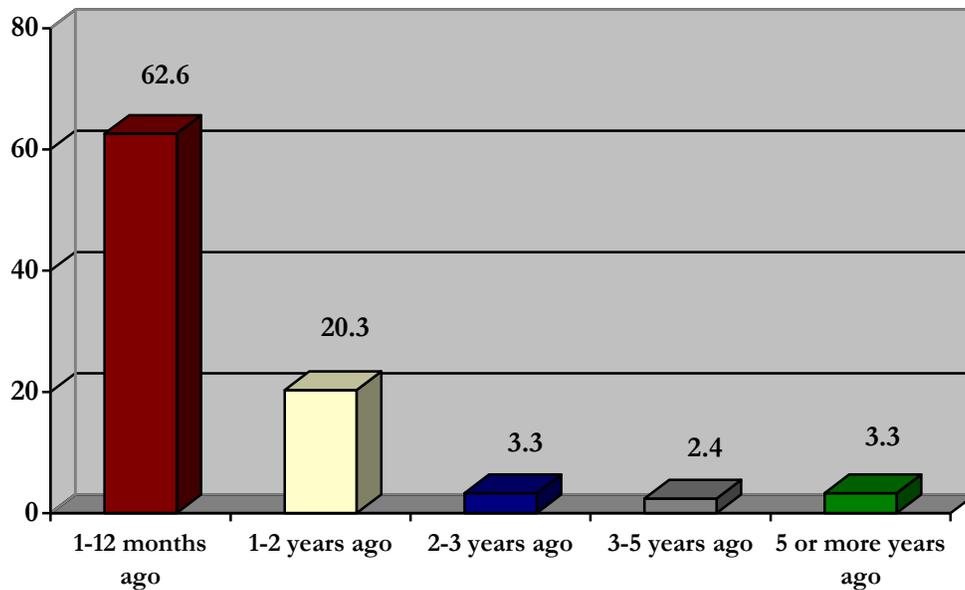
MEN'S HEALTH (ASK MEN ONLY)

Males age 40 or older were asked when they last had a prostate screening, including a PSA blood test and a digital rectal exam.

Nearly three-fifths of qualifying respondents, 62.6%, reported having their last prostate screening within the past year and another 20.3% had a screening within the past two years.

<i>When was your last prostate screening?</i>	<i>2009</i>
Within the past year (1 to 12 months ago)	62.6%
Within the past 2 years (1 to 2 years ago)	20.3
Within the past 3 years (2 to 3 years ago)	3.3
Within the past 5 years (3 to 5 years ago)	2.4
Five (5) or more years ago	3.3
Have never had one	8.1

When was your last prostate screening?



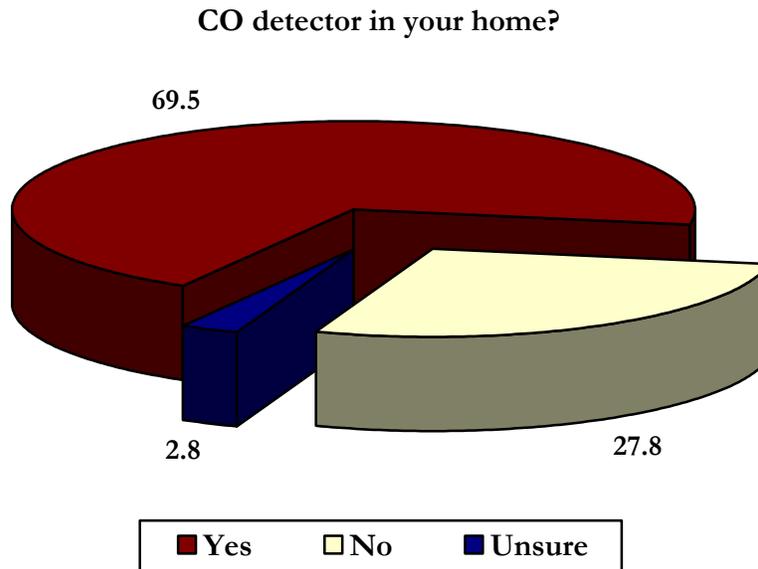
RADON/CO DETECTION

While more than half of all respondents, 56.8%, reported their current home has not been checked for RADON, another 36.0% reported their home had been checked.

<i>Current home been checked for RADON?</i>	<i>2009</i>
Yes	36.0%
No	56.8
Don't know/unsure	7.3

More than two-thirds of respondents, 69.5%, reported having a carbon monoxide, or CO, detector in their home. Another 27.8% did not.

<i>CO detector in your home?</i>	<i>2009</i>
Yes	69.5%
No	27.8
Don't know/unsure	2.8



VACCINATIONS

The top reasons stated for why respondents did not get the flu shot this past season were “do not need it” (22.3%) and “not covered by insurance” (4.0%).

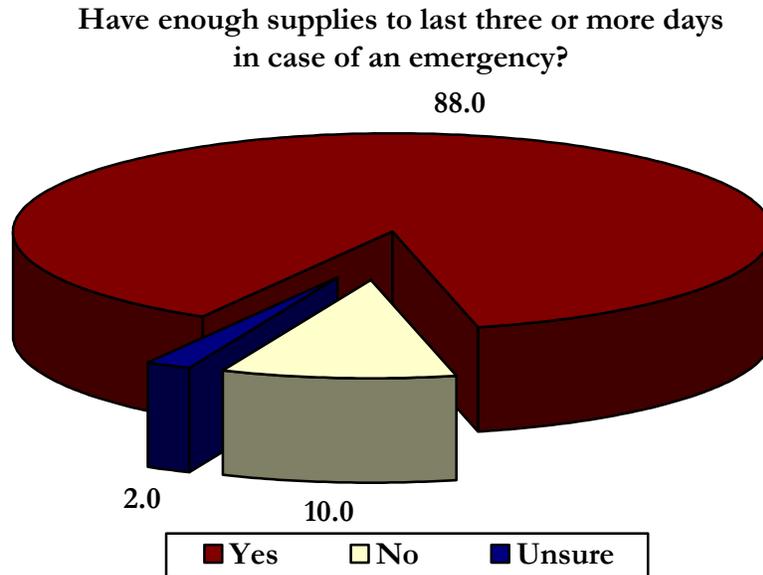
<i>Reasons</i>	<i>2009</i>
Do not need it	22.3%
Not covered by insurance	4.0
Don't know/unsure	3.3
Side effects	3.0
Health care provider did not recommend it	2.0
Flu is not that serious	2.0
Plan to get vaccinated later this flu season	2.0
Had flu already this flu season	1.8
Other	1.8
Can cause the flu	1.3
Tried to find vaccine, but could not get it	1.3
Does not work	1.0
Flu vaccination costs too much	0.3
Did have flu shot “within past year”	54.3

EMERGENCY PREPAREDNESS

Respondents were asked to think about emergency preparedness, and state if they have enough supplies at home such as food, water and medicine to last three days or more for their household members in the event of an area emergency.

A majority of respondents, 88.0%, reported they do have enough supplies for their household members to last three or more days.

<i>Enough supplies to last three or more days for household members in case of an emergency?</i>	<i>2009</i>
Yes	88.0%
No	10.0
Don't know/unsure	2.0



COMMUNICATION WITH SERVICE PROVIDERS

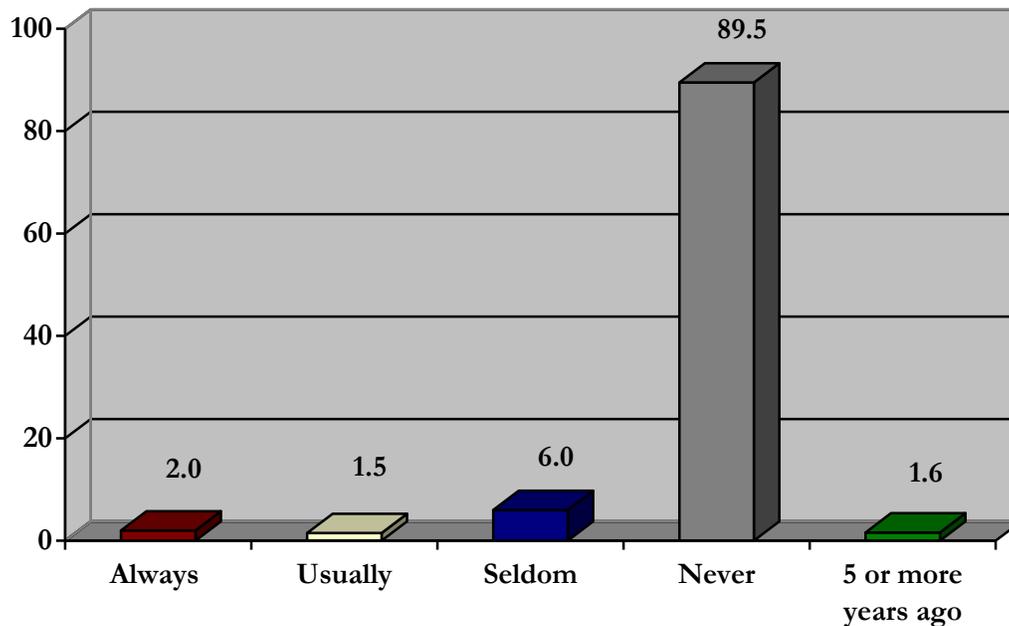
Respondents were asked how often in the last 12 months they have had difficulty understanding spoken or written instructions from a health care or social service provider.

A majority of respondents, 89.5%, reported having never had difficulty understanding instructions from a health care provider.

Detailed findings are also presented in the table and chart below.

<i>How often in the last 12 months have you had difficulty understanding health care instructions?</i>	<i>2009</i>
Always	2.0%
Usually	1.5
Seldom	6.0
Never	89.5
Don't know/unsure	1.0

How often have you had difficulty understanding healthcare instructions?



PHYSICAL ACTIVITY/EXERCISE

Two-fifths of all respondents, 40.6%, reported that they engage in moderate physical activity or exercise for a total of 30 minutes or more between one and three days per week. Another 21.9% reported engaging in exercise 30 minutes or more between four and six days per week and 18.3% reported exercising seven days a week.

<i>How many days per week do you exercise for 30 minutes or more?</i>	<i>2009</i>
One	5.5%
Two	16.8
Three	18.3
Four	9.8
Five	10.3
Six	1.8
Seven	18.3
None	17.8
Don't know/unsure/Depends	1.8

“Motivation” (27.0%) was cited most frequently as a barrier to exercising on a regular basis. This was followed by “physical limitations” (18.0%).

<i>Barriers to exercising on a regular basis</i>	<i>2009</i>
Motivation	27.0%
Physical limitations	18.0
Don't know/unsure	17.5
Lack of time (due to work obligations/hours)	12.0
Lack of time (due to family obligations)	10.0
None	6.3
Safety concerns	4.3
Other	3.3
Too expensive	1.8

NUTRITION

Researchers read the following: “*A health-promoting diet involves eating multiple servings of fruit, vegetables and low-fat dairy products on a daily basis and limiting foods with sugar and fat. How often would you say you eat in a health-promoting way? Would you say...*”

As presented below, the majority of respondents, 89.0%, reported eating in a health-promoting way either “always” (40.5%) or “usually” (48.5%).

<i>How often do you eat in a health-promoting way?</i>	<i>2009</i>
Always	40.5%
Usually	48.5
Seldom	8.8
Never	2.0
Don't know/unsure	0.3

While 63.8% of respondents reported “none/already eat healthy” when asked what barriers, if any, they face when trying to maintain a healthy diet, 34.4% reported “time/lack of time to prepare healthy foods” and 27.8% reported “bad habits” as barriers to maintaining a health diet.

“Don't know” responses were removed from the data.

<i>Barriers</i>	<i>2009</i>
None/already eat healthy	63.8%
Time/lack of time to prepare healthy foods	34.4
Bad habits	27.8
Eat out frequently	16.7
Healthy food doesn't taste good/dislike healthy food	12.4
Costs too much for my budget	9.8
Other	1.9
Inability to cook/cook healthy	1.3
Awareness/lack of knowledge (what foods are healthy)	0.8

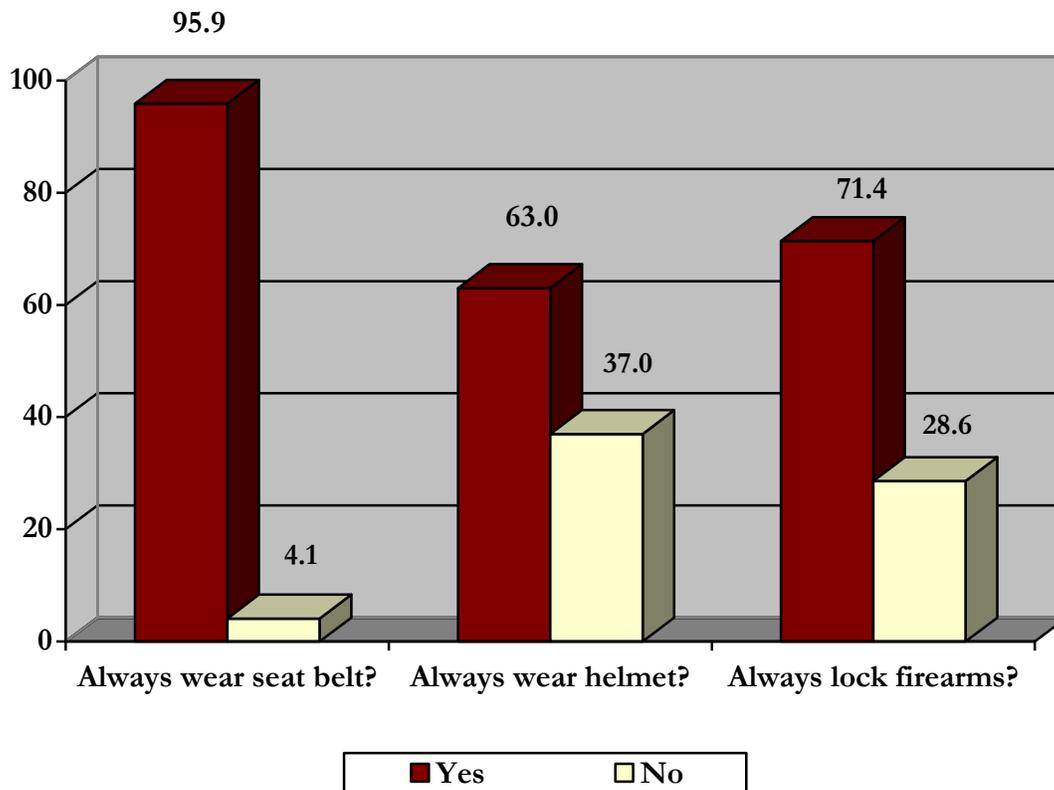
INJURY PREVENTION

Researchers read respondents three different questions pertaining to injury prevention and asked if they do each. The following table presents the results as collected.

“Non-applicable” responses were removed from the data.

<i>Injury Prevention</i>	<i>Yes</i>	<i>No</i>
Always wear a safety/seat belt when you drive or ride in a car? (N=392)	95.9%	4.1
Always wear a helmet when you ride a bicycle or motorcycle? (N=119)	63.0	37.0
Always keep firearms locked in secure location? (N=105)	71.4	28.6

Injury Prevention

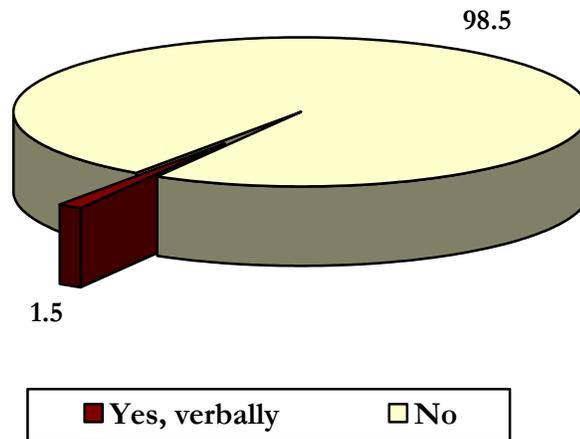


SAFETY

A large majority of respondents, 98.5% reported they have not experienced physical or verbal abuse by anybody in their family during the past 12 months. A small number, 1.5%, reported being hurt verbally in that time period.

<i>In the past 12 months, have you experienced...</i>	<i>2009</i>
Yes, physically	---%
Yes, verbally	1.5
Yes, both	---
No	98.5
Don't know/unsure	---
Refused	---

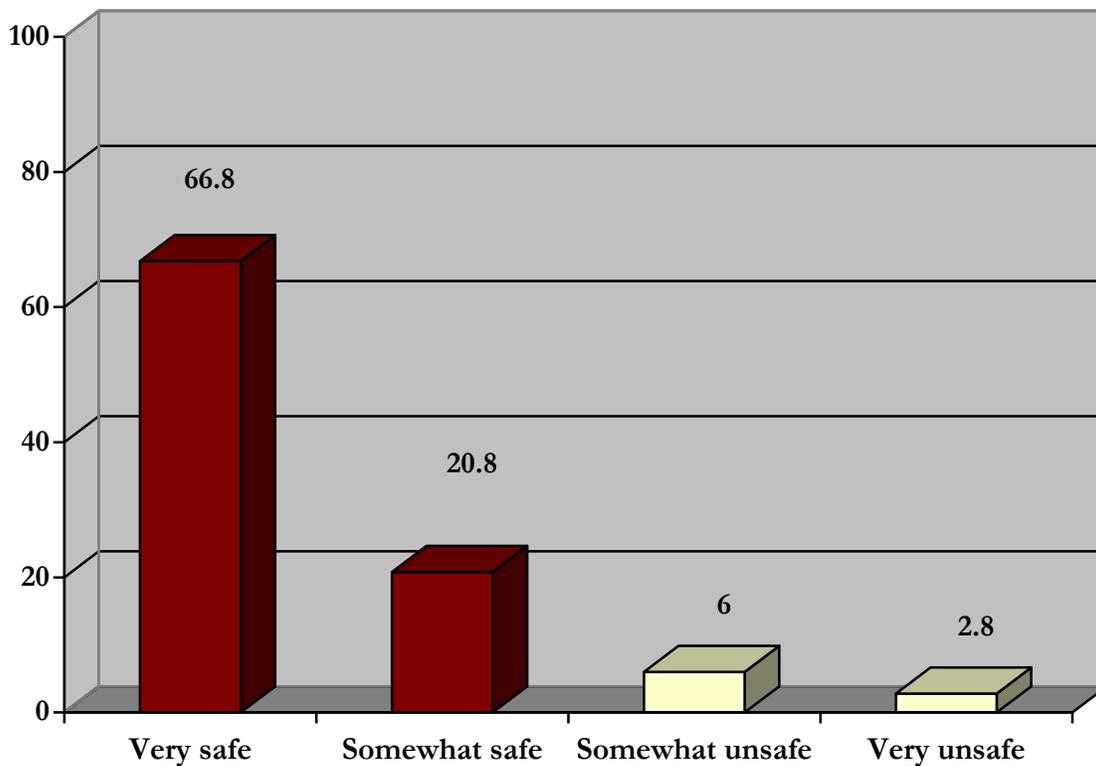
In the past 12 months, have you experienced physical or verbal abuse by anybody in your family?



When asked, a majority of respondents, 87.6%, reported feeling either “very safe” (66.8%) or “somewhat safe” (20.8%) walking in their neighborhood in the evening.

<i>How safe do you feel walking in your neighborhood in the evening?</i>	<i>2009</i>
Very safe	66.8%
Somewhat safe	20.8
Somewhat unsafe	6.0
Very unsafe	2.8
Don't know/unsure	3.8
Total safe	87.6
Total unsafe	8.8

How safe do you feel walking in your neighborhood in the evening?



When asked what the main issues facing children in the Valley schools are, respondents reported “drugs” (40.5%) as their main concern. This was followed by “bullying” (13.8%).

The table below presents the top results as collected.

<i>Main issues facing children in Valley schools? (Composite)</i>	<i>2009</i>
Drugs	40.5%
Don't know/unsure	24.0
Bullying	13.8
Illness (colds, swine flu, etc.)	11.3
Crime	9.5
None/Do not think there are safety issues	9.3
Predators	4.0
Other	3.5
Old buildings	2.8

<i>Main issues facing children in Valley schools? (Those with Children)</i>	<i>2009</i>
Drugs	48.6%
Don't know/unsure	17.6
Bullying	25.7
Illness (colds, swine flu, etc.)	8.1
Crime	5.4
None/Do not think there are safety issues	12.2
Predators	4.1
Other	2.7

<i>Main issues facing children in Valley schools? (Those without Children)</i>	<i>2009</i>
Drugs	38.7%
Don't know/unsure	25.4
Bullying	11.1
Illness (colds, swine flu, etc.)	11.8
Crime	10.5
None/Do not think there are safety issues	8.7
Predators	4.0
Other	3.7

SUBSTANCE ABUSE

While 86.5% of respondents reported they do not smoke, another 12.8% reported currently smoking.

Among those respondents (12.8% or 51 respondents) who reported currently smoking, the following table presents the responses provided when asked about their intention to quit in the next year.

<i>Intend to quit smoking in the next 12 months?</i>	<i>2009 (N=51)</i>
Yes, smoke and intend to quit	48.1%
Yes, smoke but do NOT intend to quit	25.9
Yes, smoke but unsure if I intend to quit	20.4
Refused	5.6

While 94.5% of respondents reported there were no days, in the past 30, that substance use such as alcohol or drugs kept them from doing their usual activities such as self-care, work or recreation, 2.8% reported there were one to two days, in the past 30, where substance use did keep them from doing usual activities.

<i>Number of days within the last 30 days that substance use kept you from doing usual activities</i>	<i>2009</i>
None	94.5%
1 to 2	2.8
3 to 4	0.5
5 to 6	0.3
7 to 8	0.3
9 or more	0.3
Don't know/unsure	1.5

Respondents were asked how often they have used prescription medications for purposes other than medical reasons.

A small number 1.6% reported using prescription medications for purposes other than medical reasons “more than twice a month” (0.8%) or “once or twice a month” (0.8%).

<i>Used prescription medications for purposes other than medical reasons</i>	<i>2009</i>
More than twice a month	0.8%
Once or twice a month	0.8
No longer use	2.3
Never used.	93.8
Don't know/unsure	2.5

A majority of respondents, 81.3%, suggested that illegal drugs are a “very serious” (41.8%) or “somewhat serious” (39.5%) problem in the Valley community.

<i>How serious a problem are illegal drugs in the Valley?</i>	<i>2009</i>
Very serious	41.8%
Somewhat serious	39.5
Not very serious	2.8
Not at all serious/no problem at all	3.3
Don't know/unsure	12.8
<i>Total serious</i>	<i>81.3</i>
<i>Total not serious</i>	<i>6.1</i>

MENTAL HEALTH

Slightly less than one-fifth of respondents, 18.5%, reported that over the past year there were times they felt that stress, depression, anxiety or other mental health issues affected their ability to function for more than two consecutive weeks. Another 80.8% of respondents did not experience this.

<i>In the past year have you experienced mental health issues that affected your ability to function for more than two consecutive weeks?</i>	<i>2009</i>
Yes	18.5%
No	80.8
Don't know/unsure	0.8

Researchers read the following: *“In the past year, if you or a member of your family needed mental health care or counseling, please tell me what difficulties, if any, you experienced in getting needed care.”*

The table below presents the reported difficulties. Multiple responses were accepted.

<i>Difficulties</i>	<i>2009</i>
None	89.5%
Don't know/not sure	5.3
No insurance	1.8
Can't find a health care provider /counselor/clinic you like	1.3
Can't afford to go to a health care provider	1.0
Can't find a health care provider who accepts your insurance	0.8
Refused	0.5
Childcare issues	0.3
Fear of pain/discomfort	0.3
Transportation problems	0.3

EDUCATION/TRAINING/COMMUNICATIONS

Researchers read a list of services and asked respondents to state whether they feel there is adequate service availability in the Valley region to meet their needs.

Are there enough of the following services?	Yes		No	
	With DKs	Without DKs	With DKs	Without DKs
Adult education such as ESL (English as a second language)	41.5%	76.9	12.5	23.1
Childcare/preschool care	29.3	79.6	7.5	20.4
After school programs/care	29.0	74.8	9.8	25.2
Job training	27.5	56.1	21.5	43.9

The most frequently reported places where respondents go to for information pertaining to healthcare, education and support services included the following: “internet” (35.3%), “TV news” (30.8%) and “newspaper stories” (22.5%).

Resources for information	2009
Internet	35.3%
TV News	30.8
Newspaper Stories	22.5
Friends/Neighbors/Relatives	12.8
Newspaper Ads	7.3
TV Advertising	6.3
Social Service Agency (TEAM, United Way)	6.0
Radio News	5.5
Government Agency/Municipality	5.3
Local Health District	4.0
Don't know/unsure	3.0
Mailings/Direct mail	2.8
Newspaper inserts	2.5
Co-workers	2.5
Employer/School	2.0
Other	1.5
Radio Advertising	0.8
Email	0.8
Brochures	0.5
Fairs/Events	0.3

NATURAL ENVIRONMENT

“Recycling” (87.0%) and “reducing energy consumption in home” (53.8%) were cited most frequently by respondents as measures being taken to reduce energy consumption and help the environment.

<i>Reasons</i>	<i>2009</i>
Recycling	87.0%
Reducing energy consumption in home (reducing usage or replacing appliances)	53.8
Growing your own food/purchasing food from local farmers	20.8
Driving less or purchasing a more fuel efficient vehicle	14.5
Reducing use of harmful chemicals in yard/garden/home	10.5
Enrolling in a clean energy program or purchasing alternative energy products (solar, etc.)	5.3
Don't know/unsure	2.8
Other	0.3
Nothing	0.3

COMMUNITY ENGAGEMENT: ARTS, CULTURE & RECREATION

More than two-fifths of respondents, 44.6%, reported that in the past year, they have utilized recreation resources within the Valley, such as parks, trails, and recreation activities “very often” (14.3%) or “somewhat often” (30.3%). Another 55.1% reported using recreation resources in the Valley “not very often” (23.3%) or “never” (31.8%).

<i>How often have you utilized recreation resources within the Valley over the past year?</i>	<i>2009</i>
Very often	14.3%
Somewhat often	30.3
Not very often	23.3
Never	31.8
Don't know/unsure	0.5

More than one-quarter of all respondents, 27.0%, reported that in the past year, they have utilized arts and culture resources within the Valley, such as arts activities or performances “very often” (6.0%) or “somewhat often” (21.0%). Another 72.5% reported using arts and culture resources in the Valley “not very often” (25.5%) or “never” (47.0%).

<i>How often have you utilized arts and culture resources within the Valley?</i>	<i>2009</i>
Very often	6.0%
Somewhat often	21.0
Not very often	25.5
Never	47.0
Don't know/unsure	0.5

Respondents were asked to think about arts, culture, and recreation in the Valley, and to state any programs, services or events that they feel are not offered or not offered enough. Top responses included the following: “musical plays” (5.0%), “concerts” (3.0%) and “kids theater” (2.5%).

<i>Programs or services</i>	<i>2009</i>
None	58.8%
Don't know/unsure	23.5
Musical plays	5.0
Concerts	3.0
Kids theater	2.5
Art for kids	2.5
Teen center	1.8
More of everything	1.8
Outdoor events	1.5
Kid parks	1.3
Festivals	1.0
Art galleries/exhibits	0.8
Senior events	0.8
Historic events	0.5
All arts are lacking	0.3
Hiking trails	0.3
Photography exhibits	0.3
Pottery	0.3
Bingo	0.3
Line dancing	0.3
Movies	0.3
Sports	0.3
Affordable child care	0.3
Job training programs	0.3

More than half of respondents, 57.3%, reported giving time or making a donation of money or other resources to charitable, civic, religious, educational, or volunteer organizations working in the Valley.

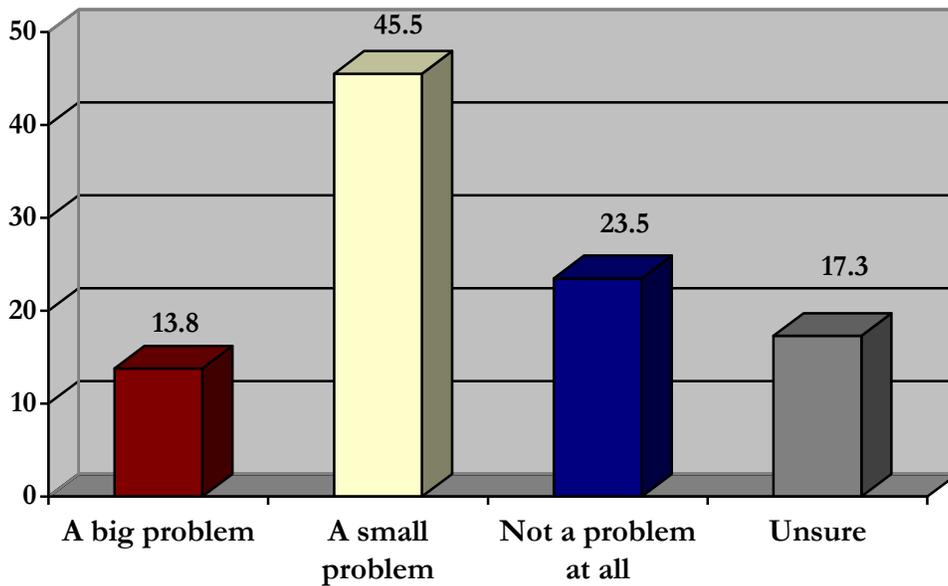
<i>Given time or donated money to charitable organization in the Valley?</i>	<i>2009</i>
Yes, time	10.0%
Yes, money or other resources	30.5
Yes, both	16.8
No/not able to do so	41.8
Don't know/unsure	1.0

ETHNIC DISCRIMINATION/RACISM

More than two-fifths of respondents, 45.5%, suggested that ethnic discrimination or racism has been a “small problem” in the Valley in the past year. Another 23.5% suggested racism is “not a problem at all,” while 13.8% reported racism has been a “big problem” in the past year in the Valley.

<i>How big a problem is racism in the Valley?</i>	<i>2009</i>
A big problem	13.8%
A small problem	45.5
Not a problem at all	23.5
Don't know/unsure/refused	17.3

How big a problem is racism in the Valley?



DEMOGRAPHICS

<i>Children under 18 living at home</i>	<i>2009</i>
One	4.0%
Two	9.5
Three	7.3
Four	1.5
Five or more	0.3
None	76.8
Refused	0.8

<i>Age</i>	<i>2009</i>
18 to 25	1.3%
26 to 35	6.0
36 to 45	10.5
46 to 55	23.7
56 to 65	21.5
66 to 75	15.0
76 or older	16.3
Refused	5.8

<i>Income</i>	<i>2009</i>
Under \$19,000	2.8%
\$20,000 to less than \$35,000	5.8
\$35,000 to less than \$50,000	2.8
\$50,000 to less than \$65,000	6.8
\$65,000 to less than \$80,000	6.0
\$80,000 to less than \$95,000	2.3
\$95,000 or more	6.0
Don't know/unsure	3.0
Refused	64.8

<i>Education</i>	<i>2009</i>
Never attended school	0.5%
Grades 1-8 (elementary)	---
Grades 9-11 (some high school)	3.3
Grades 12 or GED (high school graduate)	28.8
College 1-3 years (some college)	20.8
College 4 or more years	39.0
Don't know/unsure	0.8
RF	7.0

<i>Employment status</i>	<i>2009</i>
Employed full-time for wages	38.3%
Employed part-time for wages	7.3
Self-employed	2.5
Out of work for more than 1 year	2.0
Out of work for less than 1 year	3.3
Full-time homemaker	2.5
Full-time student	0.5
Retired	34.3
Unable to work/Disabled	5.8
Other	0.3
Don't know/unsure	0.3
RF	3.3

<i>Race</i>	<i>2009</i>
White	93.5%
Black or African-American	1.5
Hispanic	1.0
Asian	---
Native Hawaiian or other Pacific Islander	0.3
American Indian or Alaska Native	0.5
Other	1.0
Don't know/unsure	2.3

<i>Language other than English spoken in the home?</i>	<i>2009</i>
Italian	2.3%
Romanian	0.5
Spanish	1.0
Polish	1.5
German	0.5
Hungarian	0.5
French	2.5
Greek	0.3
Indian	0.3
Portuguese	0.5
No other language	89.5
Refused	0.8

<i>Weight</i>	<i>2009</i>
Don't know/unsure	4.5%
Refused	20.5
Under 100 pounds	0.9
100-150 pounds	26.0
151-200 pounds	32.5
201-250 pounds	13.2
251 pounds or more	2.5

<i>Height</i>	<i>2009</i>
Don't know/unsure	8.8%
Under 5' tall	2.5
5' to 5'5"	41.7
5'6" to 6'	41.3
6'1" or taller	5.7

<i>BMI</i>	<i>2009</i>
Normal	37.2%
Overweight	39.9
Obese	20.1
Extreme Obesity	2.7

<i>Town</i>	<i>2009</i>
Ansonia	19.5%
Beacon Falls	6.5
Derby	13.0
Oxford	9.0
Seymour	13.0
Shelton	39.0

<i>Gender</i>	<i>2009</i>
Male	33.8%
Female	66.3

APPENDIX

INTERPRETATION OF AGGREGATE RESULTS

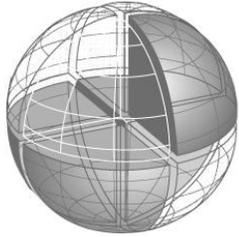
The computer processed data for this survey is presented in the following frequency distributions. It is important to note that the wordings of the variable labels and value labels in the computer-processed data are largely abbreviated descriptions of the Questionnaire items and available response categories.

The frequency distributions include the category or response for the question items. Responses deemed not appropriate for classification have been grouped together under the “Other” code.

The “NA” category label refers to “No Answer” or “Not Applicable.” This code is also used to classify ambiguous responses. In addition, the “DK/REFUSED” category includes those respondents who did not know their answer to a question or declined to answer it. In many of the tables, a group of responses may be tagged as “Missing” – occasionally, certain individual’s responses may not be required to specific questions and thus are excluded. Although when this category of response is used, the computations of percentages are presented in two (2) ways in the frequency distributions: 1) with their inclusion (as a proportion of the total sample), and 2) their exclusion (as a proportion of a sample sub-group).

Each frequency distribution includes the absolute observed occurrence of each response (i.e. the total number of cases in each category). Immediately adjacent to the right of the column of absolute frequencies is the column of relative frequencies. These are the percentages of cases falling in each category response, including those cases designated as missing data. To the right of the relative frequency column is the adjusted frequency distribution column that contains the relative frequencies based on the legitimate (i.e. non-missing) cases. That is, the total base for the adjusted frequency distribution excludes the missing data. For many Questionnaire items, the relative frequencies and the adjusted frequencies will be nearly the same. However, some items that elicit a sizable number of missing data will produce quite substantial percentage differences between the two columns of frequencies. The careful analyst will cautiously consider both distributions.

The last column of data within the frequency distribution is the cumulative frequency distribution (Cum Freq.). This column is simply an adjusted frequency distribution of the sum of all previous categories of response and the current category of response. Its primary usefulness is to gauge some ordered or ranked meaning.



VCHHS

Community Needs Assessment
August 2009

Researcher:	Date:
Time start:	CB:
Time end:	Supervisor:

Hello. My name is _____. I am a research assistant at The Center for Research & Public Policy. We are calling today on behalf of the Valley Council for Health and Human Services. We are talking to Valley residents about issues and services that affect the quality of life here in the Valley, including health issues, services, needs and emergency preparedness. Your responses will help the Valley Council for Health and Human Services improve programs and services for the district’s residents. All individual responses will be kept strictly confidential.

Screener

- A. Are you 18 years of age or older?
- 01 Yes **(Continue)**
 - 02 No **(Thank and ask for qualified respondent)**

VCHHS

1. Would you say your overall quality of life today is...
- 01 Very good;
 - 02 Good;
 - 03 Poor; or
 - 04 Very poor.
 - 05 DK/Unsure

2. Please tell me the issues or problems that currently affect your quality life in the Valley today.
(RESEARCHERS Probe: “Is there anything else?”)

3. During what many consider to be a difficult economy, some families are finding it hard to keep current with bills such as a monthly mortgage or rent payment, utilities and groceries. Please tell me, if you were having trouble making ends meet at your home, how aware would you say you are of where to find available assistance or resources? Would you say...

- 01 Very aware
- 02 Somewhat aware
- 03 Somewhat unaware
- 04 Not at all aware
- 05 DK/unsure

4. If you had to reduce your spending in the past year, please tell me which areas, if any, you are cutting back on to save money. Would you say... **(Researchers: Read list and accept multiple responses)**

- 01 Food purchases
- 02 Utilities such as heat & electricity
- 03 Entertainment & Travel
- 04 Health care such as medications and office visits
- 05 Rent/Mortgage
- 06 Other_____
- 07 Haven't had to reduce spending
- 77 Don't know/unsure

Health Care

5. Do you have a health care provider (doctor or nurse) or a health care facility, other than an emergency service, that you think of as your primary health care provider?

- 01 Yes
- 02 No
- 03 DK/unsure

6. Please tell me which of the following describes you or your family's current medical insurance or plan... **(Researchers: Accept multiple responses)**

- 01 Private or employment
- 02 Medicaid
- 03 Medicare
- 04 No health insurance
- 05 Government (including VA, Champus, Tricare, Husky)
- 06 Other:_____

DO NOT READ

- 07 DK/unsure

7. About how long has it been since you last visited a doctor for a routine check-up including blood tests?

- 01 Within the past year (1 to 12 months ago)
- 02 Within the past 2 years (1 to 2 years ago)
- 03 Within the past 5 years (2 to 5 years ago)
- 04 Five (5) or more years ago
- 05 DK/unsure

8. What difficulties, if any, have you experienced getting needed health care? **(Researchers: Accept multiple responses)**

- 01 Cannot find a health care provider or practice they like
- 02 Cannot find a health care provider who accepts their insurance
- 03 Cannot afford to go to the doctor
- 04 No insurance
- 05 No Doctor/Practitioner nearby
- 06 Disabled/Disability
- 07 Fear of pain/Discomfort
- 08 Language/Cultural issues
- 09 Mistrust or dislike of healthcare providers
- 10 Inconvenient office hours/Unable to get time off from work
- 11 Transportation problems
- 12 Childcare issues
- 13 Other: _____
- 14 None/no difficulties
- 15 DK/unsure
- 16 RF

Health Status

9. Please rate your current health overall. Would you say it is...

- 01 Very good;
- 02 Good;
- 03 Poor; or
- 04 Very poor.
- 05 Don't know/unsure

Health Problems

Has a doctor, nurse or other health care professional ever said you have any of the following health problems?

Health Problems	Yes	No	DK/RF
10. Asthma	01	02	03
11. Hypertension	01	02	03
12. Diabetes	01	02	03
13. Arthritis	01	02	03
14. High cholesterol	01	02	03
15. Cardiac/Stroke, Mini Stroke or TIA	01	02	03

16. Please tell me what services, if any, you or someone living in your home need to assist you with living at home? **(RESEARCHERS: Accept multiple responses)**

- 01 None **(Go to Q 18)**
- 02 Visiting nurse
- 03 Home health aide
- 04 Physical therapy
- 05 Occupational therapy
- 06 Speech therapy
- 07 Medical equipment
- 08 Home meal delivery
- 09 Homemaker
- 10 Transportation
- 11 Assistance with shopping
- 12 Chores/home maintenance
- 13 Emergency response/personal call system
- 14 Daily wellness phone call check
- 15 Other: _____
- 16 None
- 17 DK/unsure

17. If you or someone living in your home have needed services to assist you with living at home and have been unable to access these services, what was the reason?

- 01 Unable to afford
- 02 Fear/Safety/Uncertainty about having stranger in home
- 03 Cancellation of services by provider/payer or insurance
- 04 Transportation limitation
- 05 Services denied by provider/payer or insurance
- 06 Services not available
- 07 Lack of insurance
- 08 Unable to obtain insurance
- 09 None needed
- 10 DK/unsure

Dental Care

18. Please tell me what difficulties, if any, have you experienced in getting needed dental care?

(RESEARCHERS: Do not read list and accept multiple responses)

- 01 Can't find a dentist or clinic you like
- 02 Can't afford to go to the dentist
- 03 Can't find a dentist who accepts your insurance
- 04 Lack of dental insurance or inadequate dental coverage
- 05 Childcare issues
- 06 Fear of pain/discomfort
- 07 Language/cultural problems
- 08 Mistrust or dislike of healthcare providers
- 09 Time off from work
- 10 Transportation problems
- 11 Not important to me
- 12 DK/Unsure
- 13 No difficulties
- 14 Other: _____

Screening/Preventative Care

19. If you are age 50 or older, or have a family history of colon cancer, please tell me how long it has been since you had your last colon cancer screening or colonoscopy?

- 01 Within the past 5 years (0 to 5 years ago)
- 02 Within in the past 10 years (5 to 10 years ago)
- 03 Ten (10) or more years ago
- 04 DK/unsure/RF
- 05 Am under 50 years of age/do not have a family history of colon cancer
- 06 Have never had a colonoscopy

Women's Health (Ask Women Only)

20. If you are a woman age 40 or older, please tell me how long it has been since you had your last mammogram? **(Researchers, if asked: A mammogram is an x-ray of each breast to look for breast cancer.)** Would you say...

- 01 Within the past year (1 to 12 months ago)
- 02 Within the past 2 years (1 to 2 years ago)
- 03 Within the past 3 years (2 to 3 years ago)
- 04 Within the past 5 years (3 to 5 years ago)
- 05 Five (5) or more years ago
- 06 DK/unsure/RF
- 07 Am under 40 years of age
- 08 Have never had a mammogram
- 09 Not a woman

Men's Health (Ask Men Only)

21. If you are a male age 40 or older, please tell me when you last had a prostate screening, including a PSA blood test and a digital rectal exam? Would you say...

- 01 Within the past year (1 to 12 months ago)
- 02 Within the past 2 years (1 to 2 years ago)
- 03 Within the past 3 years (2 to 3 years ago)
- 04 Within the past 5 years (3 to 5 years ago)
- 05 Five (5) or more years ago
- 06 DK/unsure/RF
- 07 Am under the age of 40
- 08 Have never had one
- 09 Am not a man

Radon/CO Detection

22. Has your current home ever been checked for RADON?

- 01 Yes
- 02 No
- 03 DK/unsure

23. A carbon monoxide, or CO, detector checks the level of carbon monoxide in your home. It is not a smoke detector. Do you have a CO detector in your home?

- 01 Yes
- 02 No
- 03 DK/unsure

Vaccinations

24. The flu shot is a vaccine that is given annually to prevent influenza. If you did not receive the flu shot this past season, what was the main reason?

- 01 Do not need it
- 02 Health care provider did not recommend it
- 03 Flu is not that serious
- 04 Had flu already this flu season
- 05 Side effects
- 06 Can cause the flu
- 07 Does not work
- 08 Plan to get vaccinated later this flu season
- 09 Flu vaccination costs too much
- 10 Inconvenient to get vaccinated
- 11 Saving vaccine for people who need it more
- 12 Tried to find vaccine, but could not get it
- 13 Not eligible to receive vaccine
- 14 Not covered by insurance
- 15 Other: _____
- 16 DK/unsure
- 17 Did have flu shot "within past year"

Emergency Preparedness

25. Thinking about emergency preparedness for a moment, please tell me if you have enough supplies at home such as food, water and medicine to last three days or more for your household members in the event of an area emergency?

- 01 Yes
- 02 No
- 03 DK/unsure

Communication with Service Providers

26. In the last 12 months, how often have you had difficulty in understanding spoken or written instructions from a health care or social service provider? Would you say it was...

- 01 Always;
- 02 Usually;
- 03 Seldom; or
- 04 Never.
- 05 DK/Unsure

Physical Activity/Exercise

27. How many days per week do you engage in moderate physical activity or exercise for a total of 30 minutes or more?

- 01 One
- 02 Two
- 03 Three
- 04 Four
- 05 Five
- 06 Six
- 07 Seven
- 08 None
- 09 DK/Unsure/Depends

28. What barriers, if any, prevent you from exercising on a regular basis? **(Researchers: Do not read list and accept multiple responses)**

- 01 Lack of time (due to family obligations)
- 02 Lack of time (due to work obligations/hours)
- 03 Too expensive
- 04 Physical limitations
- 05 Safety concerns
- 06 Motivation
- 07 Other: _____
- 08 DK/unsure

Nutrition

29. A health-promoting diet involves eating multiple servings of fruit, vegetables and low-fat dairy products on a daily basis and limiting foods with sugar and fat. How often would you say you eat in a health-promoting way. Would you say...

- 01 Always;
- 02 Usually;
- 03 Seldom; or
- 04 Never.
- 04 DK/Unsure

30. And, please tell me what barriers, if any, you face when trying to maintain a healthy diet?

- 01 Costs too much for my budget
- 02 Healthy food doesn't taste good/dislike healthy food
- 03 Awareness/lack of knowledge (what foods are healthy)
- 04 Inability to cook/cook healthy
- 05 Eat out frequently
- 06 Bad habits
- 07 Time/lack of time to prepare healthy foods'
- 08 None/already eat healthy
- 09 DK/unsure
- 10 Other: _____

Injury Prevention

These next questions are about injury prevention. Please tell me if you....

Injury Prevention	Yes	No	DK / Unsure	RF
31. Always wear a safety/seat belt when you drive or ride in a car?	01	02	03	04
32. Always wear a helmet when you ride a bicycle or motorcycle?	01	02	03	04
33. Always keep firearms locked in secure location?	01	02	03	04

Safety

34. During the past 12 months, did anyone in your family, including your partner, verbally or physically hurt you in any way?

- 01 Yes, physically
- 02 Yes, verbally
- 03 Yes, both
- 04 No
- 05 DK/unsure
- 06 RF

35. Please tell me how safe you feel walking in your neighborhood in the evening? Would you say...

- 01 Very safe
- 02 Somewhat safe
- 03 Somewhat unsafe
- 04 Very unsafe
- 05 DK/unsure
- 06 Don't have children

36. In your opinion, what are the main issues facing children in the Valley schools? **(Researchers: Do not read list and accept multiple responses)**

- 01 Bullying
- 02 Illness (colds, swine flu, etc.)
- 03 Old buildings
- 04 Shootings
- 05 Crime
- 06 Predators
- 07 Drugs
- 08 Other: _____
- 09 DK/unsure
- 10 None/Do not think there are safety issues

Substance abuse

37. If you are currently smoking cigarettes, please tell me if it is your intention to quit at any point in the next 12 months?

- 01 Yes, smoke and intend to quit
- 02 Yes, smoke but do NOT intend to quit
- 03 Yes, smoke but unsure if I intend to quit
- 04 No, do not smoke
- 05 RF

38. During the past 30 days, about how many days did substance use such as alcohol or drugs keep you from doing your usual activities such as self-care, work or recreation? Would you say...

- 01 None
- 02 1 to 2
- 03 3 to 4
- 04 5 to 6
- 05 7 to 8
- 06 9 or more
- 07 DK/unsure

39. In the past year, how often have you used prescription medications for purposes other than medical reasons? Would you say...

- 01 More than twice a month;
- 02 Once or twice a month;
- 03 No longer use; or
- 04 Never used.
- 05 Don't know/unsure

40. And, in your opinion, how serious of a problem do you think illegal drugs are in the Valley community? Would you say...

- 01 Very serious
- 02 Somewhat serious
- 03 Not very serious
- 04 Not at all serious/no problem at all
- 05 DK/Unsure

Mental Health

The next questions are about your mental health.

41. Over the past year, were there times you felt that stress, depression, anxiety or other mental health issues have affected your ability to function for more than two consecutive weeks?

- 01 Yes
- 02 No
- 03 DK/unsure

42. In the past year, if you or a member of your family needed mental health care or counseling, please tell me what difficulties, if any, you experienced in getting needed care. **(Researchers: Accept multiple responses)**

- 01 Can't find a health care provider /counselor/clinic you like
- 02 Can't afford to go to a health care provider
- 03 Can't find a health care provider who accepts your insurance
- 04 Childcare issues
- 05 Fear of pain/discomfort
- 06 Language/cultural problems
- 07 Mistrust or dislike of healthcare providers
- 08 Time off of work
- 09 Transportation problems
- 10 No insurance
- 11 Other: _____
- 12 None
- 13 Don't know/not sure
- 14 Refused

Education/Training/Communications

As I read a list of services, please tell me whether you feel there is adequate service availability in the Valley region to meet your needs.

Services	Yes	No	DK / Unsure
43. Childcare/preschool care	01	02	03
44. After school programs/care	01	02	03
45. Adult education such as ESL (English as a second language)	01	02	03
46. Job training	01	02	03

47. Thinking about the topics we have discussed so far such as healthcare, education, support services, please tell me where you generally go to find information related to these topics? **(RESEARCHERS: Do not read list and accept Multiple Responses)**

- | | | | |
|----|-----------------------|----|--|
| 01 | TV News | 11 | Newspaper inserts |
| 02 | TV Advertising | 12 | Mailings/Direct mail |
| 03 | Radio News | 13 | Fairs/Events |
| 04 | Radio Advertising | 14 | Friends/Neighbors/Relatives |
| 05 | Newspaper Stories | 15 | Co-workers |
| 06 | Newspaper Ads | 16 | Employer/School |
| 07 | Billboards | 17 | Government Agency/Municipality |
| 08 | Brochures | 18 | Email |
| 09 | Internet | 19 | Social Service Agency (TEAM, United Way) |
| 10 | Local Health District | 20 | Other: _____ |
| | | 21 | DK/Unsure |

Natural Environment

48. Over the past year, which measures have you or others in your home utilized to reduce energy consumption and help the environment? **(Researchers: Read list and accept multiple responses)**

- 01 Recycling
- 02 Reducing energy consumption in home (reducing usage or replacing appliances)
- 03 Enrolling in a clean energy program or purchasing alternative energy products (solar, etc.)
- 04 Growing your own food/purchasing food from local farmers
- 05 Reducing use of harmful chemicals in yard/garden/home
- 06 Driving less or purchasing a more fuel efficient vehicle
- 07 DK/Unsure
- 08 Other: _____

Community Engagement: Arts, Culture & Recreation

49. Over the past year, how often have you utilized recreation resources within the Valley, such as parks, trails, and recreation activities? Would you say...

- 01 Very often
- 02 Somewhat often
- 03 Not very often
- 04 Never
- 05 DK/Unsure

50. And, over the past year, how often have you utilized arts and culture resources within the Valley, such as arts activities or performances? Would you say...

- 01 Very often;
- 02 Somewhat often;
- 03 Not very often; or
- 04 Never.
- 05 Don't know/unsure

51. When you think about the arts, culture, and recreation in the Valley, please tell me of any programs, services or events that you feel are not offered or not offered enough?

52. In the past 12 months, have you given time or made a donation of money or other resources to any charitable, civic, religious, educational, or volunteer organization working in the Valley?

- 01 Yes, time
- 02 Yes, money or other resources
- 03 Yes, both
- 04 No/not able to do so
- 05 Don't know/unsure

Ethnic Discrimination/Racism

53. In your opinion, how much of a problem do you think ethnic discrimination or racism has been in the Valley in the past year? Would you say it is...

- 01 A big problem;
- 02 A small problem; or
- 03 Not a problem at all.
- 04 Don't know/unsure/Refused

Demographics

The following are demographic questions to help in the statistical analysis of the survey. Remember that all answers are confidential and will not be connected to any personal identifying information. This is the last section of the survey and we thank you for being patient.

54. How many children under the age of 18 do you have living in your home?

- 01 Children: _____
- 98 None
- 99 RF

55. Please tell me your current age.

- 01 _____ Age
- 99 RF

56. Which of the following categories best describes your total household income before taxes?

- 01 Under \$19,000
- 02 \$20,000 to less than \$35,000
- 03 \$35,000 to less than \$50,000
- 04 \$50,000 to less than \$65,000
- 05 \$65,000 to less than \$80,000
- 06 \$80,000 to less than \$95,000
- 07 \$95,000 or more
- 08 DK/unsure
- 09 Refused

57. What is the highest grade or year of school completed?

- 01 Never attended school
- 02 Grades 1-8 (elementary)
- 03 Grades 9-11 (some high school)
- 04 Grades 12 or GED (high school graduate)
- 05 College 1-3 years (some college)
- 06 College 4 or more years
- 07 DK/unsure
- 08 RF

58. Are you currently...

- 01 Employed full-time for wages
- 02 Employed part-time for wages
- 03 Self-employed
- 04 Out of work for more than 1 year
- 05 Out of work for less than 1 year
- 06 Full-time homemaker
- 07 Full-time student
- 08 Retired
- 09 Unable to work/Disabled
- 10 Other: _____
- 11 DK/unsure
- 12 RF

59. I am going to read a list of racial and ethnic categories. After I have read the list, please tell me which one or more describes your race. **(Researchers: Read list and accept multiple responses)**

- 01 White
- 02 Black or African-American
- 03 Hispanic
- 04 Asian
- 05 Native Hawaiian or other Pacific Islander
- 06 American Indian or Alaska Native
- 07 Other [specify] _____
- 08 DK/Unsure

60. Is there a language other than English that you speak regularly at home? **(If yes, Researcher ask what language)**

- 01 Language _____
- 77 No
- 88 Don't know/unsure
- 99 Refused

61. About how much do you weigh without shoes on?

- 01 _____ pounds
- 02 DK/Unsure
- 03 Refused

62. And, about how tall are you without shoes?

- 01 _____ feet
- 02 _____ inches
- 03 DK/Unsure

Thank you very much for your time and cooperation

63. Town (From Sample)

- 01 Ansonia
- 02 Beacon Falls
- 03 Derby
- 04 Oxford
- 05 Seymour
- 06 Shelton

64. Gender (by observation).

- 01 Male
- 02 Female

Frequencies

VCHHS Composite Data 9.09

1. Overall quality of life

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Very good	132	33.0	33.0	33.0
	2 Good	239	59.8	59.8	92.8
	3 Poor	23	5.8	5.8	98.5
	4 Very poor	6	1.5	1.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

2.1 Issues

		Frequency	Percent	Valid Percent	Cumulative Percent	
Valid	1 None	230	57.5	57.5	57.5	
	2 DK	30	7.5	7.5	65.0	
	3 Lack of large retailers	1	.3	.3	65.3	
	5 Crime	9	2.3	2.3	67.5	
	6 Education	3	.8	.8	68.3	
	7 Healthcare	30	7.5	7.5	75.8	
	8 Recession	7	1.8	1.8	77.5	
	9 Newspaper coverage	1	.3	.3	77.8	
	10 Economy/finances	17	4.3	4.3	82.0	
	11 Pollution	5	1.3	1.3	83.3	
	12 Unemployment	12	3.0	3.0	86.3	
	13 High taxes	5	1.3	1.3	87.5	
	14 Current health	13	3.3	3.3	90.8	
	15 City services	3	.8	.8	91.5	
	16 Blight neighborhoods	2	.5	.5	92.0	
	17 Services for disabled	3	.8	.8	92.8	
	18 Lack of kids programs	2	.5	.5	93.3	
	19 Nothing to do in valley	1	.3	.3	93.5	
	20 Cost of living	3	.8	.8	94.3	
	21 Services for elderly	3	.8	.8	95.0	
	22 Politics	2	.5	.5	95.5	
	23 Drugs	5	1.3	1.3	96.8	
	24 Racism	1	.3	.3	97.0	
	25 Traffic	6	1.5	1.5	98.5	
	26 Stress	1	.3	.3	98.8	
	27 Cancer	2	.5	.5	99.3	
	28 Lack of public transportation	3	.8	.8	100.0	
		Total	400	100.0	100.0	
	Total		400	100.0		

2.2 Issues

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	4 Need more open space	1	.3	7.1	7.1
	7 Healthcare	1	.3	7.1	14.3
	10 Economy/finances	3	.8	21.4	35.7
	12 Unemployment	2	.5	14.3	50.0
	13 High taxes	1	.3	7.1	57.1
	14 Current health	1	.3	7.1	64.3
	20 Cost of living	1	.3	7.1	71.4
	22 Politics	1	.3	7.1	78.6
	23 Drugs	1	.3	7.1	85.7
	24 Racism	1	.3	7.1	92.9
	25 Traffic	1	.3	7.1	100.0
	Total	14	3.5	100.0	
Missing	System Missing	386	96.5		
	Total	386	96.5		
Total		400	100.0		

2.3 Issues

		Frequency	Percent
Missing	System Missing	400	100.0
	Total	400	100.0
Total		400	100.0

3. If having trouble/aware of where to find assistance

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Very aware	132	33.0	33.0	33.0
	2 Somewhat aware	138	34.5	34.5	67.5
	3 Somewhat unaware	24	6.0	6.0	73.5
	4 Not at all aware	80	20.0	20.0	93.5
	5 DK	26	6.5	6.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

4.1 Cutting back

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Food purchases	90	22.5	22.5	22.5
	2 Utilities	36	9.0	9.0	31.5
	3 Entertainment and travel	179	44.8	44.8	76.3
	4 Health care	4	1.0	1.0	77.3
	5 Rent/mortgage	4	1.0	1.0	78.3
	6 Other	4	1.0	1.0	79.3
	7 Haven't reduced spending	82	20.5	20.5	99.8
	77 DK	1	.3	.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

4.2 Cutting back

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 Utilities	34	8.5	32.7	32.7
	3 Entertainment and travel	60	15.0	57.7	90.4
	4 Health care	10	2.5	9.6	100.0
	Total	104	26.0	100.0	
Missing	System Missing	296	74.0		
	Total	296	74.0		
Total		400	100.0		

4.3 Cutting back

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	3 Entertainment and travel	21	5.3	63.6	63.6
	4 Health care	6	1.5	18.2	81.8
	5 Rent/mortgage	6	1.5	18.2	100.0
	Total	33	8.3	100.0	
Missing	System Missing	367	91.8		
	Total	367	91.8		
Total		400	100.0		

5. Have a health care provider

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	375	93.8	93.8	93.8
	2 No	25	6.3	6.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

6.1 Insurance

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Private/employment	272	68.0	68.0	68.0
	2 Medicaid	10	2.5	2.5	70.5
	3 Medicare	81	20.3	20.3	90.8
	4 No health insurance	17	4.3	4.3	95.0
	5 Gov't	11	2.8	2.8	97.8
	6 Other	7	1.8	1.8	99.5
	7 DK	1	.3	.3	99.8
	8 None	1	.3	.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

6.2 Insurance

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 Medicaid	3	.8	6.7	6.7
	3 Medicare	38	9.5	84.4	91.1
	4 No health insurance	1	.3	2.2	93.3
	5 Gov't	3	.8	6.7	100.0
	Total	45	11.3	100.0	
Missing	System Missing	355	88.8		
	Total	355	88.8		
Total		400	100.0		

6.3 Insurance

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	5 Gov't	1	.3	100.0	100.0
	Total	1	.3	100.0	
Missing	System Missing	399	99.8		
	Total	399	99.8		
Total		400	100.0		

7. How long since last routine check up

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Within past year	343	85.8	85.8	85.8
	2 Within past 2 years	35	8.8	8.8	94.5
	3 Within past 5 years	11	2.8	2.8	97.3
	4 5 or more years	7	1.8	1.8	99.0
	5 DK	4	1.0	1.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

8.1 Difficulties

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Cannot find provider they like	1	.3	.3	.3
	2 Cannot find provider that accepts ins	3	.8	.8	1.0
	3 Cannot afford to go	7	1.8	1.8	2.8
	4 No insurance	15	3.8	3.8	6.5
	6 Disabled	2	.5	.5	7.0
	10 Inconvenient office hours	2	.5	.5	7.5
	11 Transportation problems	2	.5	.5	8.0
	12 Childcare issues	10	2.5	2.5	10.5
	13 Other	2	.5	.5	11.0
	14 None	355	88.8	88.8	99.8
	15 DK	1	.3	.3	100.0
	Total	400	100.0	100.0	
	Total		400	100.0	

8.2 Difficulties

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	3 Cannot afford to go	2	.5	33.3	33.3
	4 No insurance	3	.8	50.0	83.3
	11 Transportation problems	1	.3	16.7	100.0
	Total	6	1.5	100.0	
Missing	System Missing	394	98.5		
	Total	394	98.5		
Total		400	100.0		

8.3 Difficulties

		Frequency	Percent
Missing	System Missing	400	100.0
	Total	400	100.0
Total		400	100.0

9. Rate current health

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Very good	126	31.5	31.5	31.5
	2 Good	239	59.8	59.8	91.3
	3 Poor	27	6.8	6.8	98.0
	4 Very poor	6	1.5	1.5	99.5
	5 DK	2	.5	.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

10. Asthma

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	40	10.0	10.0	10.0
	2 No	358	89.5	89.5	99.5
	3 DK/RF	2	.5	.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

11. Hypertension

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	106	26.5	26.5	26.5
	2 No	291	72.8	72.8	99.3
	3 DK/RF	3	.8	.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

12. Diabetes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	55	13.8	13.8	13.8
	2 No	341	85.3	85.3	99.0
	3 DK/RF	4	1.0	1.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

13. Arthritis

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	112	28.0	28.0	28.0
	2 No	282	70.5	70.5	98.5
	3 DK/RF	6	1.5	1.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

14. High cholesterol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	146	36.5	36.5	36.5
	2 No	249	62.3	62.3	98.8
	3 DK/RF	5	1.3	1.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

15. Cardiac/stroke

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	39	9.8	9.8	9.8
	2 No	357	89.3	89.3	99.0
	3 DK/RF	4	1.0	1.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

16.1 Services

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 None	348	87.0	87.0	87.0
	2 Visiting nurse	8	2.0	2.0	89.0
	3 Home health aide	5	1.3	1.3	90.3
	7 Medical equipment	1	.3	.3	90.5
	10 Transportation	3	.8	.8	91.3
	11 Assistance with shopping	1	.3	.3	91.5
	12 Chores	1	.3	.3	91.8
	13 Emergency response	1	.3	.3	92.0
	16 None	31	7.8	7.8	99.8
	17 DK	1	.3	.3	100.0
Total		400	100.0	100.0	
Total		400	100.0		

16.2 Services

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	3 Home health aide	3	.8	37.5	37.5
	4 Physical therapy	1	.3	12.5	50.0
	7 Medical equipment	1	.3	12.5	62.5
	11 Assistance with shopping	2	.5	25.0	87.5
	12 Chores	1	.3	12.5	100.0
	Total	8	2.0	100.0	
Missing	System Missing	392	98.0		
	Total	392	98.0		
Total		400	100.0		

16.3 Services

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	12 Chores	1	.3	100.0	100.0
	Total	1	.3	100.0	
Missing	System Missing	399	99.8		
	Total	399	99.8		
Total		400	100.0		

17. If unable to access service, reason

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Unable to afford	10	2.5	19.2	19.2
	2 Fear/safety	1	.3	1.9	21.2
	5 Services denied	1	.3	1.9	23.1
	6 Services not available	2	.5	3.8	26.9
	9 None needed	32	8.0	61.5	88.5
	10 DK	6	1.5	11.5	100.0
	Total	52	13.0	100.0	
Missing	System Missing	348	87.0		
	Total	348	87.0		
Total		400	100.0		

18.1 Difficulties/dental

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Can't find dentist you like	5	1.3	1.3	1.3
	2 Can't afford to go	12	3.0	3.0	4.3
	3 Can't find dentist who accepts ins	8	2.0	2.0	6.3
	4 Lack of dental ins	18	4.5	4.5	10.8
	9 Time off from work	1	.3	.3	11.0
	10 Transportation problems	2	.5	.5	11.5
	11 Not important to me	1	.3	.3	11.8
	13 No difficulties	349	87.3	87.3	99.0
	14 Other	4	1.0	1.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

18.2 Difficulties/dental

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Can't find dentist you like	1	.3	16.7	16.7
	3 Can't find dentist who accepts ins	1	.3	16.7	33.3
	4 Lack of dental ins	4	1.0	66.7	100.0
	Total	6	1.5	100.0	
Missing	System Missing	394	98.5		
	Total	394	98.5		
Total		400	100.0		

18.3 Difficulties/dental

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Can't find dentist you like	1	.3	33.3	33.3
	4 Lack of dental ins	1	.3	33.3	66.7
	10 Transportation problems	1	.3	33.3	100.0
	Total	3	.8	100.0	
Missing	System Missing	397	99.3		
	Total	397	99.3		
Total		400	100.0		

19. Last colon cancer screening

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Within past 5 years	185	46.3	46.3	46.3
	2 Within past 10 years	22	5.5	5.5	51.8
	3 10 or more years	3	.8	.8	52.5
	4 DK	12	3.0	3.0	55.5
	5 Under 50/no history	102	25.5	25.5	81.0
	6 Never had colonoscopy	76	19.0	19.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

20. Last mammogram

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Within past year	166	41.5	52.0	52.0
	2 Within past 2 years	33	8.3	10.3	62.4
	3 Within past 3 years	10	2.5	3.1	65.5
	4 Within past 5 years	6	1.5	1.9	67.4
	5 5 or more years	8	2.0	2.5	69.9
	6 DK	2	.5	.6	70.5
	7 Under 40	28	7.0	8.8	79.3
	8 Never had mammogram	12	3.0	3.8	83.1
	9 Not a woman	54	13.5	16.9	100.0
	Total	319	79.8	100.0	
Missing	System Missing	81	20.3		
	Total	81	20.3		
Total		400	100.0		

21. Last prostate screening

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Within past year	77	19.3	30.9	30.9
	2 Within past 2 years	25	6.3	10.0	41.0
	3 Within past 3 years	4	1.0	1.6	42.6
	4 Within past 5 years	3	.8	1.2	43.8
	5 5 or more years	4	1.0	1.6	45.4
	6 DK	1	.3	.4	45.8
	7 Under 40	11	2.8	4.4	50.2
	8 Never had one	10	2.5	4.0	54.2
	9 Not a man	114	28.5	45.8	100.0
	Total	249	62.3	100.0	
Missing	System Missing	151	37.8		
	Total	151	37.8		
Total		400	100.0		

22. Home checked for RADON

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	144	36.0	36.0	36.0
	2 No	227	56.8	56.8	92.8
	3 DK	29	7.3	7.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

23. Have a CO detector

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	278	69.5	69.5	69.5
	2 No	111	27.8	27.8	97.3
	3 DK	11	2.8	2.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

24. If did not receive flu shot, reason

		Frequency	Percent	Valid Percent	Cumulative Percent	
Valid	1 Do not need it	89	22.3	22.3	22.3	
	2 Did not recommend	8	2.0	2.0	24.3	
	3 Flu is not that serious	8	2.0	2.0	26.3	
	4 Had flu this season	7	1.8	1.8	28.0	
	5 Side effects	12	3.0	3.0	31.0	
	6 Can cause the flu	5	1.3	1.3	32.3	
	7 Does not work	4	1.0	1.0	33.3	
	8 Plan to	8	2.0	2.0	35.3	
	9 Costs too much	1	.3	.3	35.5	
	12 Tried to fin	5	1.3	1.3	36.8	
	14 Not covered	16	4.0	4.0	40.8	
	15 Other	7	1.8	1.8	42.5	
	16 DK	13	3.3	3.3	45.8	
	17 Did have within past year	217	54.3	54.3	100.0	
	Total	400	100.0	100.0		
	Total		400	100.0		

25. Event of emergency/have enough supplies

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	352	88.0	88.0	88.0
	2 No	40	10.0	10.0	98.0
	3 DK	8	2.0	2.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

26. Difficulty understanding instructions

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Always	8	2.0	2.0	2.0
	2 Usually	6	1.5	1.5	3.5
	3 Seldom	24	6.0	6.0	9.5
	4 Never	358	89.5	89.5	99.0
	5 DK	4	1.0	1.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

27. Per week/moderate physical exercise 30 min or more

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 One	22	5.5	5.5	5.5
	2 Two	67	16.8	16.8	22.3
	3 Three	73	18.3	18.3	40.5
	4 Four	39	9.8	9.8	50.3
	5 Five	41	10.3	10.3	60.5
	6 Six	7	1.8	1.8	62.3
	7 Seven	73	18.3	18.3	80.5
	8 None	71	17.8	17.8	98.3
	9 DK/Depends	7	1.8	1.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

28. Barriers

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Lack of time (family)	40	10.0	10.0	10.0
	2 Lack of time (work)	48	12.0	12.0	22.0
	3 Too expensive	7	1.8	1.8	23.8
	4 Physically limitations	72	18.0	18.0	41.8
	5 Safety concerns	17	4.3	4.3	46.0
	6 Motivation	108	27.0	27.0	73.0
	7 Other	13	3.3	3.3	76.3
	8 DK	70	17.5	17.5	93.8
	9 None	25	6.3	6.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

29. How often eat in a health-promoting way

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Always	162	40.5	40.5	40.5
	2 Usually	194	48.5	48.5	89.0
	3 Seldom	35	8.8	8.8	97.8
	4 Never	8	2.0	2.0	99.8
	5 DK	1	.3	.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

30. Barriers

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Costs too much	37	9.3	9.3	9.3
	2 Health food doesn't taste good	10	2.5	2.5	11.8
	3 Awareness	3	.8	.8	12.5
	4 Inability to cook	5	1.3	1.3	13.8
	5 Eat our frequently	8	2.0	2.0	15.8
	6 Bad habits	42	10.5	10.5	26.3
	7 Time/lack of time	25	6.3	6.3	32.5
	8 None	241	60.3	60.3	92.8
	9 DK	22	5.5	5.5	98.3
	10 Other	7	1.8	1.8	100.0
Total		400	100.0	100.0	
Total		400	100.0		

31. Always wear a seat belt

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	376	94.0	94.0	94.0
	2 No	16	4.0	4.0	98.0
	3 DK	8	2.0	2.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

32. Always wear a helmet

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	75	18.8	18.8	18.8
	2 No	44	11.0	11.0	29.8
	3 DK	279	69.8	69.8	99.5
	4 RF	2	.5	.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

33. Always keep firearms locked

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	75	18.8	18.8	18.8
	2 No	30	7.5	7.5	26.3
	3 DK	283	70.8	70.8	97.0
	4 RF	12	3.0	3.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

34. Past 12 months, verbally/physically hurt

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 Yes, verbally	6	1.5	1.5	1.5
	4 No	394	98.5	98.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

35. How safe you feel walking in neighborhood/evening

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Very safe	267	66.8	66.8	66.8
	2 Somewhat safe	83	20.8	20.8	87.5
	3 Soemwhat unsafe	24	6.0	6.0	93.5
	4 Very unsafe	11	2.8	2.8	96.3
	5 DK	15	3.8	3.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

36.1 Issues/children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Bullying	55	13.8	13.8	13.8
	2 Illness	38	9.5	9.5	23.3
	3 Old buildings	6	1.5	1.5	24.8
	4 Shootings	6	1.5	1.5	26.3
	5 Crime	24	6.0	6.0	32.3
	6 Predators	13	3.3	3.3	35.5
	7 Drugs	103	25.8	25.8	61.3
	8 Other	14	3.5	3.5	64.8
	9 DK	96	24.0	24.0	88.8
	10 None	37	9.3	9.3	98.0
	11 Do not have children	8	2.0	2.0	100.0
Total		400	100.0	100.0	
Total		400	100.0		

36.2 Issues/children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 Illness	7	1.8	9.6	9.6
	3 Old buildings	3	.8	4.1	13.7
	4 Shootings	4	1.0	5.5	19.2
	5 Crime	12	3.0	16.4	35.6
	6 Predators	2	.5	2.7	38.4
	7 Drugs	45	11.3	61.6	100.0
	Total	73	18.3	100.0	
Missing	System Missing	327	81.8		
	Total	327	81.8		
Total		400	100.0		

36.3 Issues/children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	3 Old buildings	2	.5	10.0	10.0
	4 Shootings	1	.3	5.0	15.0
	5 Crime	2	.5	10.0	25.0
	6 Predators	1	.3	5.0	30.0
	7 Drugs	14	3.5	70.0	100.0
	Total	20	5.0	100.0	
Missing	System Missing	380	95.0		
	Total	380	95.0		
Total		400	100.0		

37. If smoking/intention to quit within next 12 months

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes, intend to quit	26	6.5	6.5	6.5
	2 Yes, but do not intend to quit	14	3.5	3.5	10.0
	3 Yes, unsure	11	2.8	2.8	12.8
	4 No	346	86.5	86.5	99.3
	5 RF	3	.8	.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

38. Past 30 days/substance use...

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 None	378	94.5	94.5	94.5
	2 1-2	11	2.8	2.8	97.3
	3 3-4	2	.5	.5	97.8
	4 5-6	1	.3	.3	98.0
	5 7-8	1	.3	.3	98.3
	6 9 or more	1	.3	.3	98.5
	7 DK	6	1.5	1.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

39. Past year/used medication for purposes other than...

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 More than twice a month	3	.8	.8	.8
	2 Once/twice a month	3	.8	.8	1.5
	3 No longer use	9	2.3	2.3	3.8
	4 Never used	375	93.8	93.8	97.5
	5 DK	10	2.5	2.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

40. How serious/illegal drugs in Valley

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Very serious	167	41.8	41.8	41.8
	2 Somewhat serious	158	39.5	39.5	81.3
	3 Not very serious	11	2.8	2.8	84.0
	4 Not at all serious	13	3.3	3.3	87.3
	5 DK	51	12.8	12.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

41. Past year/times when stress, depression affected...

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	74	18.5	18.5	18.5
	2 No	323	80.8	80.8	99.3
	3 DK	3	.8	.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

42.1 Difficulties/mental health

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Can't find provider you like	5	1.3	1.3	1.3
	2 Can't afford	3	.8	.8	2.0
	3 Can't find provider who accepts ins	2	.5	.5	2.5
	4 Childcare issues	1	.3	.3	2.8
	5 Fear of pain	1	.3	.3	3.0
	9 Transportation problems	1	.3	.3	3.3
	10 No insurance	6	1.5	1.5	4.8
	12 None	358	89.5	89.5	94.3
	13 DK	21	5.3	5.3	99.5
	14 RF	2	.5	.5	100.0
Total		400	100.0	100.0	
Total		400	100.0		

42.2 Difficulties/mental health

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 Can't afford	1	.3	50.0	50.0
	10 No insurance	1	.3	50.0	100.0
	Total	2	.5	100.0	
Missing	System Missing	398	99.5		
	Total	398	99.5		
Total		400	100.0		

42.3 Difficulties/mental health

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	3 Can't find provider who accepts ins	1	.3	100.0	100.0
	Total	1	.3	100.0	
Missing	System Missing	399	99.8		
	Total	399	99.8		
Total		400	100.0		

43. Childcare/preschool care

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	117	29.3	29.3	29.3
	2 No	30	7.5	7.5	36.8
	3 DK	253	63.3	63.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

44. After school programs/care

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	116	29.0	29.0	29.0
	2 No	39	9.8	9.8	38.8
	3 DK	245	61.3	61.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

45. Adult education

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	166	41.5	41.5	41.5
	2 No	50	12.5	12.5	54.0
	3 DK	184	46.0	46.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

46. Job training

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes	110	27.5	27.5	27.5
	2 No	86	21.5	21.5	49.0
	3 DK	204	51.0	51.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

47.1 Get info

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 TV news	123	30.8	30.8	30.8
	2 TV ads	6	1.5	1.5	32.3
	3 Radio news	8	2.0	2.0	34.3
	5 Newspaper stories	40	10.0	10.0	44.3
	6 Newspaper ads	8	2.0	2.0	46.3
	8 Brochures	1	.3	.3	46.5
	9 Internet	115	28.8	28.8	75.3
	10 Local health dept	13	3.3	3.3	78.5
	11 Newspaper inserts	4	1.0	1.0	79.5
	12 Mailings	4	1.0	1.0	80.5
	13 Fairs	1	.3	.3	80.8
	14 Friends...	27	6.8	6.8	87.5
	15 Co-workers	5	1.3	1.3	88.8
	16 Employer/school	3	.8	.8	89.5
	17 Gov't	10	2.5	2.5	92.0
	18 Email	1	.3	.3	92.3
	19 Social service agency	13	3.3	3.3	95.5
	20 Other	6	1.5	1.5	97.0
	21 DK	12	3.0	3.0	100.0
	Total	400	100.0	100.0	
Total	400	100.0			

47.2 Get info

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 TV ads	19	4.8	12.3	12.3
	3 Radio news	14	3.5	9.1	21.4
	4 Radio ads	1	.3	.6	22.1
	5 Newspaper stories	42	10.5	27.3	49.4
	6 Newspaper ads	19	4.8	12.3	61.7
	8 Brochures	1	.3	.6	62.3
	9 Internet	14	3.5	9.1	71.4
	10 Local health dept	2	.5	1.3	72.7
	11 Newspaper inserts	2	.5	1.3	74.0
	12 Mailings	3	.8	1.9	76.0
	14 Friends...	14	3.5	9.1	85.1
	15 Co-workers	3	.8	1.9	87.0
	16 Employer/school	4	1.0	2.6	89.6
	17 Gov't	8	2.0	5.2	94.8
	18 Email	1	.3	.6	95.5
	19 Social service agency	7	1.8	4.5	100.0
	Total	154	38.5	100.0	
Missing	System Missing	246	61.5		
	Total	246	61.5		
Total		400	100.0		

47.3 Get info

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	4 Radio ads	2	.5	3.7	3.7
	5 Newspaper stories	8	2.0	14.8	18.5
	6 Newspaper ads	2	.5	3.7	22.2
	9 Internet	12	3.0	22.2	44.4
	10 Local health dept	1	.3	1.9	46.3
	11 Newspaper inserts	4	1.0	7.4	53.7
	12 Mailings	4	1.0	7.4	61.1
	14 Friends...	10	2.5	18.5	79.6
	15 Co-workers	2	.5	3.7	83.3
	16 Employer/school	1	.3	1.9	85.2
	17 Gov't	3	.8	5.6	90.7
	18 Email	1	.3	1.9	92.6
	19 Social service agency	4	1.0	7.4	100.0
		Total	54	13.5	100.0
Missing	System Missing	346	86.5		
	Total	346	86.5		
Total		400	100.0		

48.1 Measures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Recycling	348	87.0	87.0	87.0
	2 Reducing consumption	29	7.3	7.3	94.3
	3 Enrolling in program	1	.3	.3	94.5
	4 Growing own food/local	3	.8	.8	95.3
	5 Reducing chemicals in yard...	1	.3	.3	95.5
	6 Driving less	5	1.3	1.3	96.8
	7 DK	11	2.8	2.8	99.5
	8 Other	1	.3	.3	99.8
	9 Nothing	1	.3	.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

48.2 Measures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 Reducing consumption	185	46.3	78.1	78.1
	3 Enrolling in program	5	1.3	2.1	80.2
	4 Growing own food/local	12	3.0	5.1	85.2
	5 Reducing chemicals in yard...	10	2.5	4.2	89.5
	6 Driving less	25	6.3	10.5	100.0
	Total	237	59.3	100.0	
Missing	System Missing	163	40.8		
	Total	163	40.8		
Total		400	100.0		

48.3 Measures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 Reducing consumption	1	.3	.7	.7
	3 Enrolling in program	15	3.8	10.5	11.2
	4 Growing own food/local	68	17.0	47.6	58.7
	5 Reducing chemicals in yard...	31	7.8	21.7	80.4
	6 Driving less	28	7.0	19.6	100.0
	Total	143	35.8	100.0	
Missing	System Missing	257	64.3		
	Total	257	64.3		
Total		400	100.0		

49. Utilized recreation resources

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Very often	57	14.3	14.3	14.3
	2 Somewhat often	121	30.3	30.3	44.5
	3 Not very often	93	23.3	23.3	67.8
	4 Never	127	31.8	31.8	99.5
	5 DK	2	.5	.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

50. Utilized arts and culture resources

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Very often	24	6.0	6.0	6.0
	2 Somewhat often	84	21.0	21.0	27.0
	3 Not very often	102	25.5	25.5	52.5
	4 Never	188	47.0	47.0	99.5
	5 DK	2	.5	.5	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

51.1 Programs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 None	235	58.8	58.8	58.8
	2 DK	94	23.5	23.5	82.3
	3 Festivals	4	1.0	1.0	83.3
	4 All arts are lacking	1	.3	.3	83.5
	5 Outdoor events	5	1.3	1.3	84.8
	6 Concerts	9	2.3	2.3	87.0
	7 Art galleries/exhibits	3	.8	.8	87.8
	8 Teen center	7	1.8	1.8	89.5
	9 Senior events	3	.8	.8	90.3
	10 Musicals/plays	15	3.8	3.8	94.0
	11 Hiking trails	1	.3	.3	94.3
	12 Kid parks	3	.8	.8	95.0
	13 Historic events	1	.3	.3	95.3
	14 Kids theater	6	1.5	1.5	96.8
	15 Art for kids	3	.8	.8	97.5
	16 More of everything	6	1.5	1.5	99.0
	17 Photography exhibits	1	.3	.3	99.3
	19 Bingo	1	.3	.3	99.5
	23 Affordable child care	1	.3	.3	99.8
	24 Job training programs	1	.3	.3	100.0
Total		400	100.0	100.0	
Total		400	100.0		

51.2 Programs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	5 Outdoor events	1	.3	5.0	5.0
	6 Concerts	3	.8	15.0	20.0
	10 Musicals/plays	5	1.3	25.0	45.0
	12 Kid parks	1	.3	5.0	50.0
	13 Historic events	1	.3	5.0	55.0
	14 Kids theater	3	.8	15.0	70.0
	15 Art for kids	3	.8	15.0	85.0
	18 Pottery	1	.3	5.0	90.0
	20 Line dancing	1	.3	5.0	95.0
	21 Movies	1	.3	5.0	100.0
Total		20	5.0	100.0	
Missing	System Missing	380	95.0		
	Total	380	95.0		
Total		400	100.0		

51.3 Programs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	12 Kid parks	1	.3	12.5	12.5
	14 Kids theater	1	.3	12.5	25.0
	15 Art for kids	4	1.0	50.0	75.0
	16 More of everything	1	.3	12.5	87.5
	22 Sports	1	.3	12.5	100.0
	Total	8	2.0	100.0	
Missing	System Missing	392	98.0		
	Total	392	98.0		
Total		400	100.0		

52. Given time or a donation

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Yes, time	40	10.0	10.0	10.0
	2 Yes, money	122	30.5	30.5	40.5
	3 Yes, both	67	16.8	16.8	57.3
	4 No	167	41.8	41.8	99.0
	5 DK	4	1.0	1.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

53. Ethnic discrimination or racism

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Big problem	55	13.8	13.8	13.8
	2 Small problem	182	45.5	45.5	59.3
	3 Not a problem	94	23.5	23.5	82.8
	4 DK	69	17.3	17.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

54. Children under 18 at home

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	16	4.0	4.0	4.0
	1	38	9.5	9.5	13.5
	2	29	7.3	7.3	20.8
	3	6	1.5	1.5	22.3
	4	1	.3	.3	22.5
	98 None	307	76.8	76.8	99.3
	99 RF	3	.8	.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

55. Age

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	21	3	.8	.8	.8
	23	1	.3	.3	1.0
	24	1	.3	.3	1.3
	26	1	.3	.3	1.5
	27	2	.5	.5	2.0
	28	2	.5	.5	2.5
	29	1	.3	.3	2.8
	30	3	.8	.8	3.5
	31	4	1.0	1.0	4.5
	32	1	.3	.3	4.8
	33	5	1.3	1.3	6.0
	34	1	.3	.3	6.3
	35	4	1.0	1.0	7.3
	36	1	.3	.3	7.5
	37	3	.8	.8	8.3
	38	4	1.0	1.0	9.3
	39	5	1.3	1.3	10.5
	40	5	1.3	1.3	11.8
	41	4	1.0	1.0	12.8
	42	5	1.3	1.3	14.0
	43	1	.3	.3	14.3
	44	7	1.8	1.8	16.0
	45	7	1.8	1.8	17.8
	46	4	1.0	1.0	18.8
	47	9	2.3	2.3	21.0
	48	14	3.5	3.5	24.5
	49	9	2.3	2.3	26.8
	50	12	3.0	3.0	29.8
	51	9	2.3	2.3	32.0
	52	15	3.8	3.8	35.8
53	4	1.0	1.0	36.8	
54	7	1.8	1.8	38.5	
55	12	3.0	3.0	41.5	
56	5	1.3	1.3	42.8	
57	9	2.3	2.3	45.0	
58	5	1.3	1.3	46.3	
59	13	3.3	3.3	49.5	

55. Age

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	60	13	3.3	3.3	52.8
	61	3	.8	.8	53.5
	62	10	2.5	2.5	56.0
	63	6	1.5	1.5	57.5
	64	10	2.5	2.5	60.0
	65	12	3.0	3.0	63.0
	66	7	1.8	1.8	64.8
	67	9	2.3	2.3	67.0
	68	7	1.8	1.8	68.8
	69	3	.8	.8	69.5
	70	6	1.5	1.5	71.0
	71	8	2.0	2.0	73.0
	72	5	1.3	1.3	74.3
	73	4	1.0	1.0	75.3
	74	3	.8	.8	76.0
	75	8	2.0	2.0	78.0
	76	7	1.8	1.8	79.8
	77	5	1.3	1.3	81.0
	78	4	1.0	1.0	82.0
	79	1	.3	.3	82.3
	80	8	2.0	2.0	84.3
	81	2	.5	.5	84.8
	82	7	1.8	1.8	86.5
83	4	1.0	1.0	87.5	
84	4	1.0	1.0	88.5	
85	7	1.8	1.8	90.3	
86	7	1.8	1.8	92.0	
87	2	.5	.5	92.5	
88	3	.8	.8	93.3	
90	2	.5	.5	93.8	
91	1	.3	.3	94.0	
93	1	.3	.3	94.3	
99 RF	23	5.8	5.8	100.0	
Total		400	100.0	100.0	
Total		400	100.0		

56. Income

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Under \$19,999	11	2.8	2.8	2.8
	2 \$20,000 < \$35,000	23	5.8	5.8	8.5
	3 \$35,000 < \$50,000	11	2.8	2.8	11.3
	4 \$50,000 < \$65,000	27	6.8	6.8	18.0
	5 \$65,000 < \$80,000	24	6.0	6.0	24.0
	6 \$80,000 < \$95,000	9	2.3	2.3	26.3
	7 \$95,000 or more	24	6.0	6.0	32.3
	8 DK	12	3.0	3.0	35.3
	9 RF	259	64.8	64.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

57. Education

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Never attended school	2	.5	.5	.5
	3 Grades 9-11	13	3.3	3.3	3.8
	4 Grades 12 or GED	115	28.8	28.8	32.5
	5 College 1-3 years	83	20.8	20.8	53.3
	6 College 4 years or more	156	39.0	39.0	92.3
	7 DK	3	.8	.8	93.0
	8 RF	28	7.0	7.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

58. Employment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Employed full-time	153	38.3	38.3	38.3
	2 Employed part-time	29	7.3	7.3	45.5
	3 Self-employed	10	2.5	2.5	48.0
	4 Out of work for more than 1 year	8	2.0	2.0	50.0
	5 Out of work for less than 1 year	13	3.3	3.3	53.3
	6 Full-time homemaker	10	2.5	2.5	55.8
	7 Full-time student	2	.5	.5	56.3
	8 Retired	137	34.3	34.3	90.5
	9 Unable to work	23	5.8	5.8	96.3
	10 Other	1	.3	.3	96.5
	11 DK	1	.3	.3	96.8
	12 RF	13	3.3	3.3	100.0
	Total	400	100.0	100.0	
Total	400	100.0			

59. Race

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 White	374	93.5	93.5	93.5
	2 Black	6	1.5	1.5	95.0
	3 Hispanic	4	1.0	1.0	96.0
	4 Asian	1	.3	.3	96.3
	6 American Indian...	2	.5	.5	96.8
	7 Other	4	1.0	1.0	97.8
	8 DK	9	2.3	2.3	100.0
	Total	400	100.0	100.0	
Total	400	100.0			

60. Language other than English

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Italian	9	2.3	2.3	2.3
	2 Romanian	2	.5	.5	2.8
	3 Spanish	4	1.0	1.0	3.8
	4 Polish	6	1.5	1.5	5.3
	5 German	2	.5	.5	5.8
	6 Hungarian	2	.5	.5	6.3
	7 French	10	2.5	2.5	8.8
	8 Greek	1	.3	.3	9.0
	9 Indian	1	.3	.3	9.3
	10 Portuguese	2	.5	.5	9.8
	77 No	358	89.5	89.5	99.3
	99 RF	3	.8	.8	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

61. Weight

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2 DK	18	4.5	4.5	4.5
	3 RF	82	20.5	20.5	25.0
	90	1	.3	.3	25.3
	95	1	.3	.3	25.5
	96	1	.3	.3	25.8
	100	1	.3	.3	26.0
	101	1	.3	.3	26.3
	104	1	.3	.3	26.5
	105	2	.5	.5	27.0
	110	8	2.0	2.0	29.0
	112	2	.5	.5	29.5
	114	1	.3	.3	29.8
	115	6	1.5	1.5	31.3
	116	1	.3	.3	31.5
	117	1	.3	.3	31.8
	118	1	.3	.3	32.0
	120	5	1.3	1.3	33.3
	121	1	.3	.3	33.5
	122	1	.3	.3	33.8
	123	1	.3	.3	34.0
	124	2	.5	.5	34.5
	125	7	1.8	1.8	36.3
	127	1	.3	.3	36.5
	130	7	1.8	1.8	38.3
	132	1	.3	.3	38.5
	134	2	.5	.5	39.0
	135	9	2.3	2.3	41.3
	136	1	.3	.3	41.5
	138	4	1.0	1.0	42.5
	140	11	2.8	2.8	45.3
142	2	.5	.5	45.8	

61. Weight

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	143	1	.3	.3	46.0
	144	2	.5	.5	46.5
	145	6	1.5	1.5	48.0
	146	2	.5	.5	48.5
	148	1	.3	.3	48.8
	149	1	.3	.3	49.0
	150	11	2.8	2.8	51.8
	152	2	.5	.5	52.3
	153	1	.3	.3	52.5
	155	7	1.8	1.8	54.3
	156	1	.3	.3	54.5
	157	1	.3	.3	54.8
	160	15	3.8	3.8	58.5
	162	2	.5	.5	59.0
	163	1	.3	.3	59.3
	164	3	.8	.8	60.0
	165	9	2.3	2.3	62.3
	167	3	.8	.8	63.0
	168	2	.5	.5	63.5
	170	13	3.3	3.3	66.8
	172	3	.8	.8	67.5
	175	10	2.5	2.5	70.0
	178	3	.8	.8	70.8
	179	1	.3	.3	71.0
	180	17	4.3	4.3	75.3
	182	1	.3	.3	75.5
	183	1	.3	.3	75.8
	184	1	.3	.3	76.0
	185	6	1.5	1.5	77.5
	186	1	.3	.3	77.8
	189	1	.3	.3	78.0
	190	7	1.8	1.8	79.8
	192	1	.3	.3	80.0
	193	2	.5	.5	80.5
195	2	.5	.5	81.0	
198	1	.3	.3	81.3	
200	12	3.0	3.0	84.3	
202	1	.3	.3	84.5	
203	1	.3	.3	84.8	
205	3	.8	.8	85.5	
208	1	.3	.3	85.8	
209	1	.3	.3	86.0	
210	3	.8	.8	86.8	
212	1	.3	.3	87.0	
215	3	.8	.8	87.8	
216	1	.3	.3	88.0	
217	1	.3	.3	88.3	
218	1	.3	.3	88.5	
220	6	1.5	1.5	90.0	
222	1	.3	.3	90.3	
225	7	1.8	1.8	92.0	

61. Weight

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	228	1	.3	.3	92.3
	230	5	1.3	1.3	93.5
	233	1	.3	.3	93.8
	234	1	.3	.3	94.0
	240	3	.8	.8	94.8
	245	4	1.0	1.0	95.8
	246	1	.3	.3	96.0
	247	1	.3	.3	96.3
	250	5	1.3	1.3	97.5
	255	1	.3	.3	97.8
	260	2	.5	.5	98.3
	265	1	.3	.3	98.5
	270	1	.3	.3	98.8
	275	2	.5	.5	99.3
	280	1	.3	.3	99.5
	300	1	.3	.3	99.8
325	1	.3	.3	100.0	
Total		400	100.0	100.0	
Total		400	100.0		

62. Height

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	3 DK	35	8.8	8.8	8.8
	4.09	2	.5	.5	9.3
	4.10	6	1.5	1.5	10.8
	4.11	2	.5	.5	11.3
	5.00	11	2.8	2.8	14.0
	5.01	11	2.8	2.8	16.8
	5.02	31	7.8	7.8	24.5
	5.03	39	9.8	9.8	34.3
	5.04	38	9.5	9.5	43.8
	5.05	37	9.3	9.3	53.0
	5.06	43	10.8	10.8	63.8
	5.07	18	4.5	4.5	68.3
	5.08	23	5.8	5.8	74.0
	5.09	22	5.5	5.5	79.5
	5.10	25	6.3	6.3	85.8
	5.11	22	5.5	5.5	91.3
	6.00	12	3.0	3.0	94.3
	6.01	8	2.0	2.0	96.3
	6.02	5	1.3	1.3	97.5
	6.03	6	1.5	1.5	99.0
6.05	2	.5	.5	99.5	
6.06	2	.5	.5	100.0	
Total		400	100.0	100.0	
Total		400	100.0		

63. Town

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Ansonia	78	19.5	19.5	19.5
	2 Beacon Falls	26	6.5	6.5	26.0
	3 Derby	52	13.0	13.0	39.0
	4 Oxford	36	9.0	9.0	48.0
	5 Seymour	52	13.0	13.0	61.0
	6 Shelton	156	39.0	39.0	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

64. Gender

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1 Male	135	33.8	33.8	33.8
	2 Female	265	66.3	66.3	100.0
	Total	400	100.0	100.0	
Total		400	100.0		

Multiple Response

Group \$V02

Category label	Code	Count	Pct of Responses	Pct of Cases
1 None	1	230	55.6	57.5
2 DK	2	30	7.2	7.5
3 Lack of large retailers	3	1	.2	.3
4 Need more open space	4	1	.2	.3
5 Crime	5	9	2.2	2.3
6 Education	6	3	.7	.8
7 Healthcare	7	31	7.5	7.8
8 Recession	8	7	1.7	1.8
9 Newspaper coverage	9	1	.2	.3
10 Economy/finances	10	20	4.8	5.0
11 Pollution	11	5	1.2	1.3
12 Unemployment	12	14	3.4	3.5
13 High taxes	13	6	1.4	1.5
14 Current health	14	14	3.4	3.5
15 City services	15	3	.7	.8
16 Blight neighborhoods	16	2	.5	.5
17 Services for disabled	17	3	.7	.8
18 Lack of kids programs	18	2	.5	.5
19 Nothing to do in valley	19	1	.2	.3
20 Cost of living	20	4	1.0	1.0
21 Services for elderly	21	3	.7	.8
22 Politics	22	3	.7	.8
23 Drugs	23	6	1.4	1.5

24 Racism	24	2	.5	.5
25 Traffic	25	7	1.7	1.8
26 Stress	26	1	.2	.3
27 Cancer	27	2	.5	.5
28 Lack of public transportation	28	3	.7	.8
		-----	-----	-----
	Total responses	414	100.0	103.5

0 missing cases; 400 valid cases

Group \$V04

Category label	Code	Count	Pct of Responses	Pct of Cases
1 Food purchases	1	90	16.8	22.5
2 Utilities	2	70	13.0	17.5
3 Entertainment and travel	3	260	48.4	65.0
4 Health care	4	20	3.7	5.0
5 Rent/mortgage	5	10	1.9	2.5
6 Other	6	4	.7	1.0
7 Haven't reduced spending	7	82	15.3	20.5
77 DK	77	1	.2	.3
Total responses		537	100.0	134.3

0 missing cases; 400 valid cases

Group \$V06

Category label	Code	Count	Pct of Responses	Pct of Cases
1 Private/employment	1	272	61.0	68.0
2 Medicaid	2	13	2.9	3.3
3 Medicare	3	119	26.7	29.8
4 No health insurance	4	18	4.0	4.5
5 Gov't	5	15	3.4	3.8
6 Other	6	7	1.6	1.8
7 DK	7	1	.2	.3
8 None	8	1	.2	.3
		-----	-----	-----
	Total responses	446	100.0	111.5

0 missing cases; 400 valid cases

Group \$V08

Category label	Code	Count	Pct of Responses	Pct of Cases
1 Cannot find provider they like	1	1	.2	.3
2 Cannot find provider that accepts ins	2	3	.7	.8
3 Cannot afford to go	3	9	2.2	2.3
4 No insurance	4	18	4.4	4.5
6 Disabled	6	2	.5	.5
10 Inconvenient office hours	10	2	.5	.5
11 Transportation problems	11	3	.7	.8
12 Childcare issues	12	10	2.5	2.5
13 Other	13	2	.5	.5
14 None	14	355	87.4	88.8
15 DK	15	1	.2	.3
		-----	-----	-----
	Total responses	406	100.0	101.5

0 missing cases; 400 valid cases

Group \$V16

Category label	Code	Count	Pct of Responses	Pct of Cases
1 None	1	348	85.1	87.0
2 Visiting nurse	2	8	2.0	2.0
3 Home health aide	3	8	2.0	2.0
4 Physical therapy	4	1	.2	.3
7 Medical equipment	7	2	.5	.5
10 Transportation	10	3	.7	.8
11 Assistance with shopping	11	3	.7	.8
12 Chores	12	3	.7	.8
13 Emergency response	13	1	.2	.3
16 None	16	31	7.6	7.8
17 DK	17	1	.2	.3
		-----	-----	-----
	Total responses	409	100.0	102.3

0 missing cases; 400 valid cases

Group \$V18

Category label	Code	Count	Pct of Responses	Pct of Cases
1 Can't find dentist you like	1	7	1.7	1.8
2 Can't afford to go	2	12	2.9	3.0
3 Can't find dentist who accepts ins	3	9	2.2	2.3
4 Lack of dental ins	4	23	5.6	5.8
9 Time off from work	9	1	.2	.3
10 Transportation problems	10	3	.7	.8
11 Not important to me	11	1	.2	.3
13 No difficulties	13	349	85.3	87.3
14 Other	14	4	1.0	1.0
		-----	-----	-----
	Total responses	409	100.0	102.3

0 missing cases; 400 valid cases

Group \$V36

Category label	Code	Count	Pct of Responses	Pct of Cases
1 Bullying	1	55	11.2	13.8
2 Illness	2	45	9.1	11.3
3 Old buildings	3	11	2.2	2.8
4 Shootings	4	11	2.2	2.8
5 Crime	5	38	7.7	9.5
6 Predators	6	16	3.2	4.0
7 Drugs	7	162	32.9	40.5
8 Other	8	14	2.8	3.5
9 DK	9	96	19.5	24.0
10 None	10	37	7.5	9.3
11 Do not have children	11	8	1.6	2.0
		-----	-----	-----
	Total responses	493	100.0	123.3

0 missing cases; 400 valid cases

Group \$V42

Category label	Code	Count	Pct of Responses	Pct of Cases
1 Can't find provider you like	1	5	1.2	1.3
2 Can't afford	2	4	1.0	1.0
3 Can't find provider who accepts ins	3	3	.7	.8
4 Childcare issues	4	1	.2	.3
5 Fear of pain	5	1	.2	.3
9 Transportation problems	9	1	.2	.3
10 No insurance	10	7	1.7	1.8
12 None	12	358	88.8	89.5
13 DK	13	21	5.2	5.3
14 RF	14	2	.5	.5
		-----	-----	-----
	Total responses	403	100.0	100.8

0 missing cases; 400 valid cases

Group \$V47

Category label	Code	Count	Pct of Responses	Pct of Cases
1 TV news	1	123	20.2	30.8
2 TV ads	2	25	4.1	6.3
3 Radio news	3	22	3.6	5.5
4 Radio ads	4	3	.5	.8
5 Newspaper stories	5	90	14.8	22.5
6 Newspaper ads	6	29	4.8	7.3
8 Brochures	8	2	.3	.5
9 Internet	9	141	23.2	35.3
10 Local health dept	10	16	2.6	4.0
11 Newspaper inserts	11	10	1.6	2.5
12 Mailings	12	11	1.8	2.8
13 Fairs	13	1	.2	.3
14 Friends...	14	51	8.4	12.8
15 Co-workers	15	10	1.6	2.5
16 Employer/school	16	8	1.3	2.0
17 Gov't	17	21	3.5	5.3
18 Email	18	3	.5	.8
19 Social service agency	19	24	3.9	6.0
20 Other	20	6	1.0	1.5
21 DK	21	12	2.0	3.0
		-----	-----	-----
	Total responses	608	100.0	152.0

0 missing cases; 400 valid cases

Group \$V48

Category label	Code	Count	Pct of Responses	Pct of Cases
1 Recycling	1	348	44.6	87.0
2 Reducing consumption	2	215	27.6	53.8
3 Enrolling in program	3	21	2.7	5.3
4 Growing own food/local	4	83	10.6	20.8
5 Reducing chemicals in yard...	5	42	5.4	10.5
6 Driving less	6	58	7.4	14.5
7 DK	7	11	1.4	2.8
8 Other	8	1	.1	.3
9 Nothing	9	1	.1	.3
		-----	-----	-----
	Total responses	780	100.0	195.0

0 missing cases; 400 valid cases

Group \$V51

Category label	Code	Count	Pct of Responses	Pct of Cases
1 None	1	235	54.9	58.8
2 DK	2	94	22.0	23.5
3 Festivals	3	4	.9	1.0
4 All arts are lacking	4	1	.2	.3
5 Outdoor events	5	6	1.4	1.5
6 Concerts	6	12	2.8	3.0
7 Art galleries/exhibits	7	3	.7	.8
8 Teen center	8	7	1.6	1.8
9 Senior events	9	3	.7	.8
10 Musicals/plays	10	20	4.7	5.0
11 Hiking trails	11	1	.2	.3
12 Kid parks	12	5	1.2	1.3
13 Historic events	13	2	.5	.5
14 Kids theater	14	10	2.3	2.5
15 Art for kids	15	10	2.3	2.5
16 More of everything	16	7	1.6	1.8
17 Photography exhibits	17	1	.2	.3
18 Pottery	18	1	.2	.3
19 Bingo	19	1	.2	.3
20 Line dancing	20	1	.2	.3
21 Movies	21	1	.2	.3
22 Sports	22	1	.2	.3
23 Affordable child care	23	1	.2	.3
24 Job training programs	24	1	.2	.3
		-----	-----	-----
	Total responses	428	100.0	107.0

0 missing cases; 400 valid cases

VCHHS CROSSTABULATIONS – 2009

Core Question	Composite	Male	Female
7. Last routine check-up (01 & 02)	94.5%	93.3	95.1
7. Last routine check-up (03 & 04)	4.6	4.4	4.5
40. How serious is drug problem (01 & 02)	81.3	82.2	80.8
40. How serious is drug problem (03 & 04)	6.1	5.9	6.0
41. Depression that effected you for 2 weeks (yes)	18.5	15.6	20.0
49. Utilized recreation resources (01& 02)	44.5	37.8	47.9
50. Utilized arts and culture resources (01 & 02)	27.0	61.5	51.7

Core Question	Composite	Under 35	35-60	Older than 60
7. Last routine check-up (01 & 02)	94.5%	80.0	93.6	98.3
7. Last routine check-up (03 & 04)	4.6	20.0	4.7	1.7
40. How serious is drug problem (01 & 02)	81.3	80.0	87.1	75.3
40. How serious is drug problem (03 & 04)	6.1	12.0	4.9	6.0
41. Depression that effected you for 2 weeks (yes)	18.5	24.0	19.9	15.1

Core Question	Composite	Ansonia	Beacon Falls	Derby	Oxford	Seymour	Shelton
7. Last routine check-up (01 & 02)	94.5%	96.2	92.3	92.3	94.4	98.1	93.6
7. Last routine check-up (03 & 04)	4.6	3.9	7.7	7.6	2.8	---	5.1
40. How serious is drug problem (01 & 02)	81.3	85.9	61.5	86.5	69.4	80.8	83.3
40. How serious is drug problem (03 & 04)	6.1	1.3	15.3	3.8	11.1	5.7	6.4
41. Depression that effected you for 2 weeks (yes)	18.5	19.2	7.7	30.8	11.1	17.3	17.9
49. Utilized recreation resources (01& 02)	44.5	17.9	42.3	38.5	55.6	50.0	47.4
50. Utilized arts and culture resources (01 & 02)	27.0	17.9	26.9	23.1	38.9	42.3	25.0

VCHHS CROSSTABULATIONS – 2009

Core Question	Composite	With Insurance	Without Insurance
7. Last routine check-up (01 & 02)	94.5%	95.0	88.9
7. Last routine check-up (03 & 04)	4.6	3.9	11.1
9. Current health (01 & 02)	91.3	92.1	77.8
9. Current health (03 & 04)	2.0	7.3	22.3

Core Question	Composite	With Kids	Without Kids
36. Issues in schools (Bullying)	13.8%	25.7	11.7
(Illness)	11.3	8.1	12.1
(Old building)	2.8	4.1	2.6
(Shootings)	2.8	4.1	2.6
(Crime)	9.5	5.4	10.7
(Predators)	4.0	4.1	3.9
(Drugs)	40.5	48.6	38.4
(Other)	3.5	2.7	3.6
40. How serious is drug problem (01 & 02)	81.3	86.5	80.1
40. How serious is drug problem (03 & 04)	6.1	8.2	5.5
43. Childcare/preschool care (not enough)	7.5	8.1	7.8
44. After school programs/care (not enough)	9.8	13.5	9.1
45. Adult education (not enough)	12.5	12.2	12.7
46. Job training (not enough)	21.5	28.4	20.8

Core Question	Composite	Speak another Language in home	Speak English in home
26. Difficulty understanding spoken or written instructions from a health care provider (01 & 02)	3.5%	21.4	78.6

VCHHS CROSSTABULATIONS – 2009

Core Question	Composite	White (N=374)	Black (N=6)	Hispanic (N=4)
1. Overall quality of life (01 & 02)	92.8%	93.3	100.0	100.0
1. Overall quality of life (03 & 04)	7.3	6.6	---	---
9. Current health (01 & 02)	91.3	92.2	100.0	75.0
9. Current health (03 & 04)	2.0	7.2	---	25.0
29. How often eat in a health-promoting way (01 & 02)	89.0	89.3	83.3	75.0
29. How often eat in a health-promoting way (03 & 04)	10.8	10.5	16.7	25.0
41. Depression that effected you for 2 weeks (yes)	18.5	18.2	---	25.0